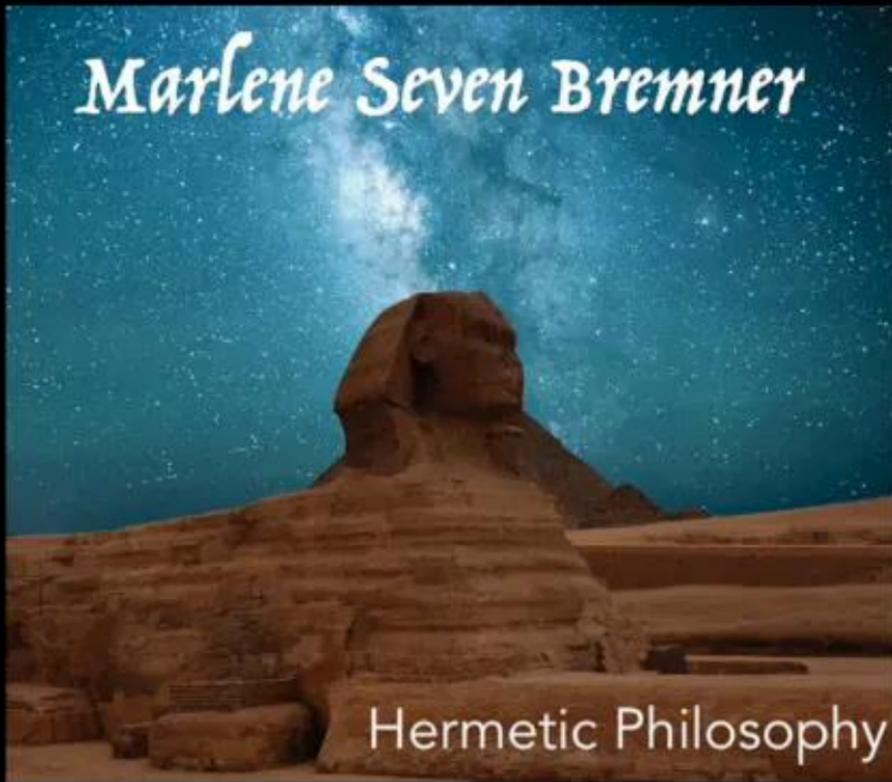


Marlene Seven Bremner

Hermetic Philosophy



1
00:00:05,870 --> 00:00:03,169
we have got a treat today

2
00:00:08,810 --> 00:00:05,880
it's going to be a heck of a Time

3
00:00:11,870 --> 00:00:08,820
with a profound synthesis of magical and

4
00:00:15,350 --> 00:00:11,880
occult teachings as well as an

5
00:00:18,590 --> 00:00:15,360
initiation into the alchemical opus

6
00:00:21,050 --> 00:00:18,600
Our Guest today has learned to integrate

7
00:00:24,070 --> 00:00:21,060
and apply hermetic and alchemical

8
00:00:26,990 --> 00:00:24,080
principles to awaken inner knowing

9
00:00:30,290 --> 00:00:27,000
Liberate the imagination and live a

10
00:00:31,310 --> 00:00:30,300
mystical creative and truly inspired

11
00:00:41,240 --> 00:00:31,320
life

12
00:00:54,229 --> 00:00:50,350
[Music]

13
00:01:06,610 --> 00:00:54,239

come Blast Off In My Time Machine sir I

14

00:01:15,770 --> 00:01:12,190

[Music]

15

00:01:18,289 --> 00:01:15,780

Blast Off on another epic episode of the

16

00:01:22,490 --> 00:01:18,299

hyper anomalous esoteric research

17

00:01:24,890 --> 00:01:22,500

organization podcast AKA hero paranormal

18

00:01:28,609 --> 00:01:24,900

broadcasting from the base at lamadre

19

00:01:29,630 --> 00:01:28,619

Mountain just south of area 51. my name

20

00:01:32,630 --> 00:01:29,640

is Ryan

21

00:01:36,649 --> 00:01:32,640

the Hermetic Hammer of the airwaves

22

00:01:39,170 --> 00:01:36,659

bringing you an unbelievable deep and

23

00:01:41,510 --> 00:01:39,180

inspiring episode tonight

24

00:01:43,370 --> 00:01:41,520

on the episode we have someone I've

25

00:01:46,190 --> 00:01:43,380

wanted to talk to for quite some time

26

00:01:49,429 --> 00:01:46,200

Marlena 7 Bremner

27

00:01:51,109 --> 00:01:49,439

she has written a stunner of a book I

28

00:01:52,789 --> 00:01:51,119

mean this is one that belongs on

29

00:01:57,109 --> 00:01:52,799

everybody's bookshelf

30

00:01:59,870 --> 00:01:57,119

it is thick it is vast it is very well

31

00:02:01,730 --> 00:01:59,880

written and goes into great account of

32

00:02:04,429 --> 00:02:01,740

many of the most important things on our

33

00:02:07,609 --> 00:02:04,439

planet the title of the book is hermetic

34

00:02:10,729 --> 00:02:07,619

philosophy and creative Alchemy the

35

00:02:13,369 --> 00:02:10,739

Emerald Tablet the Corpus or medicum and

36

00:02:15,589 --> 00:02:13,379

the journey through the seven spheres

37

00:02:19,190 --> 00:02:15,599

Marlena takes

38

00:02:21,470 --> 00:02:19,200

the reader on a hermetic journey through

39

00:02:24,589 --> 00:02:21,480

each of the seven traditional planets

40

00:02:26,710 --> 00:02:24,599

Saturn Jupiter Mars the sun Venus

41

00:02:28,809 --> 00:02:26,720

Mercury and the Moon

42

00:02:31,790 --> 00:02:28,819

exploring their mythological

43

00:02:35,030 --> 00:02:31,800

philosophical alchemical kabbalistic

44

00:02:37,550 --> 00:02:35,040

magical astrological and energetic

45

00:02:40,430 --> 00:02:37,560

natures and offering meditative

46

00:02:43,369 --> 00:02:40,440

discourses that reach past the rational

47

00:02:44,509 --> 00:02:43,379

mind to speak directly to the intuitive

48

00:02:47,509 --> 00:02:44,519

soul

49

00:02:50,830 --> 00:02:47,519

she relates the seven planets to the

50

00:02:54,710 --> 00:02:50,840

esoteric anatomy of the human body

51
00:02:57,050 --> 00:02:54,720
specifically the seven chakras and shows

52
00:03:00,110 --> 00:02:57,060
how the planets can offer understanding

53
00:03:02,570 --> 00:03:00,120
and experience of archetypal energies

54
00:03:05,330 --> 00:03:02,580
and patterns in the body

55
00:03:06,710 --> 00:03:05,340
in one's life and in the creative

56
00:03:09,470 --> 00:03:06,720
process

57
00:03:11,390 --> 00:03:09,480
drawing on ancient Egyptian and Greek

58
00:03:15,110 --> 00:03:11,400
cosmogones

59
00:03:18,649 --> 00:03:15,120
an essential hermetic texts such as the

60
00:03:20,990 --> 00:03:18,659
Corpus hermeticum the Emerald Tablet and

61
00:03:24,589 --> 00:03:21,000
the nag hamadi

62
00:03:27,770 --> 00:03:24,599
Marlene seven Bremner offers a detailed

63
00:03:31,270 --> 00:03:27,780

understanding of hermetic philosophy

64

00:03:34,550 --> 00:03:31,280

the art of alchemy is a foundation for

65

00:03:36,949 --> 00:03:34,560

psychospiritual Creative practice

66

00:03:40,009 --> 00:03:36,959

offering examples from traditional

67

00:03:43,970 --> 00:03:40,019

alchemical art and her own

68

00:03:47,809 --> 00:03:43,980

intricate esoteric paintings

69

00:03:50,509 --> 00:03:47,819

seven examines the foundation principles

70

00:03:52,550 --> 00:03:50,519

of hermeticism and Alchemy and shows how

71

00:03:55,369 --> 00:03:52,560

these Traditions are a direct means for

72

00:03:58,309 --> 00:03:55,379

accessing higher Consciousness and true

73

00:04:01,070 --> 00:03:58,319

self-knowledge or gnosis as well as a

74

00:04:02,930 --> 00:04:01,080

way to extract the essence of One's Own

75

00:04:05,990 --> 00:04:02,940

creative gifts

76

00:04:08,210 --> 00:04:06,000

before we get started if you have not

77

00:04:11,149 --> 00:04:08,220

subscribed to Hero paranormal on YouTube

78

00:04:14,089 --> 00:04:11,159

please do and share on your social media

79

00:04:17,390 --> 00:04:14,099

this will help break through the shadow

80

00:04:21,289 --> 00:04:17,400

ban and help the algorithm actually

81

00:04:23,990 --> 00:04:21,299

acknowledge what it is I'm trying to do

82

00:04:26,870 --> 00:04:24,000

although they will never most likely

83

00:04:27,950 --> 00:04:26,880

monetize my channel this will at least

84

00:04:31,070 --> 00:04:27,960

get it

85

00:04:32,930 --> 00:04:31,080

out there so some people can see it in

86

00:04:35,689 --> 00:04:32,940

addition if you have not subscribed to

87

00:04:39,050 --> 00:04:35,699

Hero paranormal on patreon please do

88

00:04:41,990 --> 00:04:39,060

there is a ton of content behind the

89

00:04:44,749 --> 00:04:42,000

paywall just go to patreon look up hero

90

00:04:48,370 --> 00:04:44,759

paranormal boom there you go you can

91

00:04:52,249 --> 00:04:48,380

also access it on podbean at

92

00:04:54,469 --> 00:04:52,259

heroparanormal.com like I said just a

93

00:04:56,810 --> 00:04:54,479

ton of content behind the paywall

94

00:05:00,710 --> 00:04:56,820

so yeah check it out

95

00:05:03,890 --> 00:05:00,720

back to our guest Marlena 7 Bremner

96

00:05:06,850 --> 00:05:03,900

is a self-taught oil painter writer and

97

00:05:09,770 --> 00:05:06,860

teacher who has spent more than 20 years

98

00:05:11,330 --> 00:05:09,780

exploring esoteric and spiritual

99

00:05:13,189 --> 00:05:11,340

traditions

100

00:05:14,810 --> 00:05:13,199

including

101

00:05:19,189 --> 00:05:14,820

hermeticism

102

00:05:24,469 --> 00:05:19,199

Alchemy surrealism symbolism

103

00:05:27,650 --> 00:05:24,479

tarot psychology magic astrology

104

00:05:30,050 --> 00:05:27,660

Shamanism and mythology

105

00:05:32,510 --> 00:05:30,060

she developed her career as an artist in

106

00:05:34,610 --> 00:05:32,520

the Pacific Northwest and now spends her

107

00:05:36,469 --> 00:05:34,620

time painting and writing in the New

108

00:05:38,930 --> 00:05:36,479

Mexico desert

109

00:05:41,930 --> 00:05:38,940

through this book in my opinion

110

00:05:45,170 --> 00:05:41,940

there's a lot to be learned

111

00:05:48,350 --> 00:05:45,180

she has a profound synthesis of magical

112

00:05:51,230 --> 00:05:48,360

and occult teachings as well as an

113

00:05:53,749 --> 00:05:51,240

initiation into the alchemical opus

114

00:05:55,850 --> 00:05:53,759

this book reveals how to integrate and

115

00:05:59,330 --> 00:05:55,860

apply hermetic and alchemical principles

116

00:06:02,749 --> 00:05:59,340

to awaken inner knowing Liberate the

117

00:06:05,870 --> 00:06:02,759

imagination and live a mystical creative

118

00:06:09,290 --> 00:06:05,880

and truly inspired life

119

00:06:12,969 --> 00:06:09,300

Marlena 7 Bremner welcome to the hero

120

00:06:19,909 --> 00:06:17,090

it is a pleasure and I've really been

121

00:06:22,909 --> 00:06:19,919

excited to talk to you I've been blown

122

00:06:25,610 --> 00:06:22,919

away by this amazing work that you have

123

00:06:27,950 --> 00:06:25,620

published you've put so much time and

124

00:06:30,469 --> 00:06:27,960

effort into something that's important

125

00:06:35,570 --> 00:06:30,479

to me and I think that the way you've

126

00:06:36,969 --> 00:06:35,580

done it is just neatly uh within your

127

00:06:41,270 --> 00:06:36,979

creative

128

00:06:44,270 --> 00:06:41,280

uh scope and what I mean by that is even

129

00:06:46,730 --> 00:06:44,280

though this is an audio only podcast

130

00:06:50,090 --> 00:06:46,740

I was stunned I mean the book is is

131

00:06:52,610 --> 00:06:50,100

Hefty and I was stunned at the detail

132

00:06:56,510 --> 00:06:52,620

and this book would be worth purchasing

133

00:06:58,490 --> 00:06:56,520

just for the art inside it and that's

134

00:07:03,230 --> 00:06:58,500

kind of that was kind of a bonus that I

135

00:07:04,070 --> 00:07:03,240

didn't expect and I guess my question is

136

00:07:07,670 --> 00:07:04,080

um

137

00:07:10,969 --> 00:07:07,680

what got you down this path to create

138

00:07:13,670 --> 00:07:10,979

such a magical book such an amazing work

139

00:07:15,950 --> 00:07:13,680

obviously you put tons and tons of time

140

00:07:20,870 --> 00:07:15,960

and effort into this what got you on

141

00:07:25,850 --> 00:07:24,469

um well it's kind of a long path but I

142

00:07:28,850 --> 00:07:25,860

think

143

00:07:31,490 --> 00:07:28,860

I was interested in spiritual

144

00:07:34,610 --> 00:07:31,500

um ideas from a young age and in the

145

00:07:36,830 --> 00:07:34,620

esoteric and you called from a young age

146

00:07:40,189 --> 00:07:36,840

um and this sort of led me into studying

147

00:07:41,749 --> 00:07:40,199

natural medicine and energy healing so

148

00:07:44,629 --> 00:07:41,759

it was when I was studying Energy

149

00:07:47,450 --> 00:07:44,639

Medicine and specifically a form of body

150

00:07:51,589 --> 00:07:47,460

work called Clarity therapy that I was

151

00:07:54,050 --> 00:07:51,599

introduced to hermetic principles the

152

00:07:57,129 --> 00:07:54,060

ideas of Correspondence and helping

153

00:08:01,490 --> 00:07:57,139

within the microcosm of the human body

154

00:08:04,129 --> 00:08:01,500

relate to the cosmos the macro collagen

155

00:08:06,350 --> 00:08:04,139

and those relationships and how the

156

00:08:08,390 --> 00:08:06,360

elements work and function through the

157

00:08:11,809 --> 00:08:08,400

body and

158

00:08:15,309 --> 00:08:11,819

I also I wanted to portray some of these

159

00:08:19,490 --> 00:08:15,319

ideas visually and so as I was exploring

160

00:08:21,230 --> 00:08:19,500

esoteric anatomy and energy and these

161

00:08:23,869 --> 00:08:21,240

relationships between the above and the

162

00:08:27,290 --> 00:08:23,879

below I was also exploring that through

163

00:08:30,230 --> 00:08:27,300

my creative process and

164

00:08:31,969 --> 00:08:30,240

this also spurred an interest in alchemy

165

00:08:35,269 --> 00:08:31,979

so at the time I was like diving deep

166

00:08:38,870 --> 00:08:35,279

into my alchemical studies starting off

167

00:08:41,269 --> 00:08:38,880

with the psychological approach of Carl

168

00:08:44,269 --> 00:08:41,279

Jung and then kind of diving deeper into

169

00:08:46,449 --> 00:08:44,279

reading some of the old texts myself and

170

00:08:49,610 --> 00:08:46,459

trying to understand them

171

00:08:50,990 --> 00:08:49,620

and all through this I was painting and

172

00:08:53,329 --> 00:08:51,000

applying different things that I was

173

00:08:57,650 --> 00:08:53,339

learning into my creative process

174

00:08:59,690 --> 00:08:57,660

and learning a lot and kind of observing

175

00:09:01,670 --> 00:08:59,700

different hermetic principles at play

176
00:09:05,210 --> 00:09:01,680
observing different alchemical processes

177
00:09:08,090 --> 00:09:05,220
unfolding and just studying all of that

178
00:09:11,329 --> 00:09:08,100
and taking copious notes and all of that

179
00:09:13,070 --> 00:09:11,339
just sort of eventually accrued into

180
00:09:15,170 --> 00:09:13,080
this book

181
00:09:17,389 --> 00:09:15,180
um but yeah it was a very long process

182
00:09:21,590 --> 00:09:17,399
that unfolded over many years

183
00:09:23,570 --> 00:09:21,600
wow and it is it is something to behold

184
00:09:25,370 --> 00:09:23,580
it's something that I'll just get it

185
00:09:28,090 --> 00:09:25,380
right out of the way I think this

186
00:09:33,110 --> 00:09:28,100
belongs on everyone's bookshelf

187
00:09:35,389 --> 00:09:33,120
and I I love the fact that you go into

188
00:09:37,070 --> 00:09:35,399

so much detail

189

00:09:41,930 --> 00:09:37,080

um and have so many of my favorite

190

00:09:44,389 --> 00:09:41,940

characters especially Hermes and it's uh

191

00:09:46,910 --> 00:09:44,399

I have a fascination with the trickster

192

00:09:51,290 --> 00:09:46,920

and the

193

00:09:55,490 --> 00:09:51,300

the Hermetic path of self-initiation and

194

00:09:58,310 --> 00:09:55,500

you really go down this in quite serious

195

00:10:01,850 --> 00:09:58,320

detail to the fact that it's obvious

196

00:10:03,170 --> 00:10:01,860

that you are knowledgeable internally of

197

00:10:07,190 --> 00:10:03,180

this this is something that's had a

198

00:10:11,570 --> 00:10:09,949

oh yeah definitely and

199

00:10:13,730 --> 00:10:11,580

I don't think I would write something

200

00:10:15,590 --> 00:10:13,740

like this if I didn't have a personal

201
00:10:18,290 --> 00:10:15,600
experience with it you know and that's

202
00:10:19,970 --> 00:10:18,300
really important to me and also plays a

203
00:10:22,430 --> 00:10:19,980
factor in the Arts that I create it's

204
00:10:24,230 --> 00:10:22,440
all through my personal experience and a

205
00:10:25,910 --> 00:10:24,240
lot of that through the body

206
00:10:27,769 --> 00:10:25,920
um but also through the spirit and soul

207
00:10:29,750 --> 00:10:27,779
and how these things are affecting me

208
00:10:33,110 --> 00:10:29,760
and transforming me

209
00:10:35,750 --> 00:10:33,120
um definitely plays into it so

210
00:10:38,389 --> 00:10:35,760
and since

211
00:10:41,630 --> 00:10:38,399
since Hermes is so well documented in

212
00:10:44,630 --> 00:10:41,640
this book in various accounts

213
00:10:47,389 --> 00:10:44,640

there's there's so much myth surrounding

214

00:10:51,110 --> 00:10:47,399

Hermes you know is he a God is he a

215

00:10:54,710 --> 00:10:51,120

priest a messenger what are your

216

00:10:58,130 --> 00:10:54,720

Impressions and experiences researching

217

00:11:02,389 --> 00:11:00,710

well yeah

218

00:11:04,550 --> 00:11:02,399

there have been people who believed

219

00:11:06,009 --> 00:11:04,560

Hermes with the living being a living

220

00:11:12,350 --> 00:11:06,019

man

221

00:11:14,930 --> 00:11:12,360

God or a deity and my personal

222

00:11:17,269 --> 00:11:14,940

thought on the matter is that Hermes

223

00:11:19,910 --> 00:11:17,279

represent

224

00:11:22,490 --> 00:11:19,920

the Mind itself the Divine mind and our

225

00:11:24,769 --> 00:11:22,500

access to these higher States Of

226

00:11:28,130 --> 00:11:24,779

Consciousness and also our ability to

227

00:11:30,470 --> 00:11:28,140

access the unconscious so Hermes that is

228

00:11:32,690 --> 00:11:30,480

a part of us and facilitates

229

00:11:34,009 --> 00:11:32,700

communication between different levels

230

00:11:36,230 --> 00:11:34,019

of our being

231

00:11:37,730 --> 00:11:36,240

and we all have access to her amazing so

232

00:11:39,949 --> 00:11:37,740

I believe there have been many people

233

00:11:43,329 --> 00:11:39,959

throughout the centuries who have

234

00:11:46,250 --> 00:11:43,339

channeled this energy this Divine energy

235

00:11:48,590 --> 00:11:46,260

and even written under the pseudonym of

236

00:11:50,030 --> 00:11:48,600

Hermes you know the Hermetic texts are

237

00:11:52,430 --> 00:11:50,040

like that as well they're they're

238

00:11:53,930 --> 00:11:52,440

subscribe to Hermes but obviously they

239

00:11:55,790 --> 00:11:53,940

were written by you know probably

240

00:11:57,590 --> 00:11:55,800

philosophers and different people in the

241

00:11:58,550 --> 00:11:57,600

Hellenistic era

242

00:11:59,870 --> 00:11:58,560

um

243

00:12:03,829 --> 00:11:59,880

but

244

00:12:05,810 --> 00:12:03,839

they were tapping into this field of

245

00:12:08,030 --> 00:12:05,820

energy that we think of as Hermes or

246

00:12:11,930 --> 00:12:08,040

Hermes strike's greatest

247

00:12:14,690 --> 00:12:11,940

um this Divine stage god of wisdom that

248

00:12:19,430 --> 00:12:14,700

helped us to connect with the Divine

249

00:12:22,550 --> 00:12:19,440

Source within us and yeah facilitate

250

00:12:25,009 --> 00:12:22,560

information between our conscious not

251
00:12:28,310 --> 00:12:25,019
unconscious mind and also between our

252
00:12:31,250 --> 00:12:28,320
Earthly mortal selves and our Immortal

253
00:12:35,750 --> 00:12:31,260
Celestial Eternal natures

254
00:12:37,630 --> 00:12:35,760
oh such truth and I believe that like so

255
00:12:40,790 --> 00:12:37,640
many things when it comes to

256
00:12:43,250 --> 00:12:40,800
self-initiation and gnosis people are

257
00:12:47,150 --> 00:12:43,260
very unwilling to kind of trust their

258
00:12:49,970 --> 00:12:47,160
own gut intuition or or their own soul

259
00:12:55,069 --> 00:12:49,980
to to guide them to these

260
00:12:57,590 --> 00:12:55,079
uh more I guess Fringe paths and

261
00:12:59,750 --> 00:12:57,600
in your experience what advice do you

262
00:13:02,449 --> 00:12:59,760
have to someone who is you know just

263
00:13:05,509 --> 00:13:02,459

kind of kind of sniffing around the tree

264

00:13:08,389 --> 00:13:05,519

of knowledge when it comes to Hermes and

265

00:13:10,129 --> 00:13:08,399

and following their own path any advice

266

00:13:12,670 --> 00:13:10,139

I know the book goes into a lot of

267

00:13:16,129 --> 00:13:12,680

detail but in a nutshell

268

00:13:18,949 --> 00:13:16,139

what would you advise people

269

00:13:20,690 --> 00:13:18,959

yeah I mean I think the intuition is a

270

00:13:23,750 --> 00:13:20,700

really important factor in that and

271

00:13:26,569 --> 00:13:23,760

allowing yourself to be guided but this

272

00:13:29,870 --> 00:13:26,579

kind of requires a

273

00:13:32,150 --> 00:13:29,880

um a cultivation of receptiveness and

274

00:13:34,430 --> 00:13:32,160

spaciousness within to be able to hear

275

00:13:37,670 --> 00:13:34,440

messages that are coming through

276

00:13:39,829 --> 00:13:37,680

so you know I think self-initiation is

277

00:13:41,590 --> 00:13:39,839

really about allowing that inner risk

278

00:13:43,990 --> 00:13:41,600

and that inner

279

00:13:46,910 --> 00:13:44,000

intelligence to guide us

280

00:13:48,590 --> 00:13:46,920

and we have to get out of the way we

281

00:13:50,269 --> 00:13:48,600

have to put our egos aside a little bit

282

00:13:52,490 --> 00:13:50,279

and allow that to happen

283

00:13:54,650 --> 00:13:52,500

and there are different ways that we can

284

00:13:56,629 --> 00:13:54,660

cultivate that receptiveness you know

285

00:13:58,730 --> 00:13:56,639

paying attention to dreams our

286

00:14:00,710 --> 00:13:58,740

unconscious is always communicating to

287

00:14:02,930 --> 00:14:00,720

us through dreams and has so many

288

00:14:08,030 --> 00:14:02,940

symbols and messages and things to teach

289

00:14:10,430 --> 00:14:08,040

us so that's a very fundamental way to

290

00:14:11,930 --> 00:14:10,440

to go on the path of self-initiation is

291

00:14:14,210 --> 00:14:11,940

to pay attention to these things that

292

00:14:17,030 --> 00:14:14,220

are happening below the surface of our

293

00:14:18,710 --> 00:14:17,040

awareness and it's through our dreams

294

00:14:22,069 --> 00:14:18,720

that those things come to the surface

295

00:14:23,750 --> 00:14:22,079

and it's all expressed in metaphor and

296

00:14:24,470 --> 00:14:23,760

symbol and

297

00:14:26,870 --> 00:14:24,480

um

298

00:14:29,389 --> 00:14:26,880

very coated so we have to kind of you

299

00:14:31,430 --> 00:14:29,399

know follow these little breadcrumbs

300

00:14:33,350 --> 00:14:31,440

into the forest of our unconscious and

301
00:14:35,750 --> 00:14:33,360
figure out what they mean and so that's

302
00:14:37,990 --> 00:14:35,760
part of this but also you know there's

303
00:14:40,850 --> 00:14:38,000
messages coming to us all the time

304
00:14:42,230 --> 00:14:40,860
through nature through other people in

305
00:14:44,930 --> 00:14:42,240
our lives through events that are

306
00:14:47,870 --> 00:14:44,940
unfolding and if we pay attention to

307
00:14:48,530 --> 00:14:47,880
things like synchronicity and

308
00:14:50,750 --> 00:14:48,540
um

309
00:14:53,389 --> 00:14:50,760
feelings that we get pay attention to

310
00:14:56,150 --> 00:14:53,399
our gut reactions to things all of these

311
00:14:59,269 --> 00:14:56,160
things kind of help us hear in the

312
00:15:02,090 --> 00:14:59,279
direction of gnosis and of true

313
00:15:05,150 --> 00:15:02,100

self-knowledge so those are some basic

314

00:15:06,590 --> 00:15:05,160

things just in terms of like

315

00:15:09,949 --> 00:15:06,600

um following the intuition and

316

00:15:10,610 --> 00:15:09,959

cultivating that kind of receptivity

317

00:15:12,230 --> 00:15:10,620

um

318

00:15:14,389 --> 00:15:12,240

but yeah then there's other things we

319

00:15:17,269 --> 00:15:14,399

can do

320

00:15:20,150 --> 00:15:17,279

paying attention to the movements of the

321

00:15:22,670 --> 00:15:20,160

planets and astrology and you know

322

00:15:24,530 --> 00:15:22,680

taking note of the planetary rulers of

323

00:15:27,710 --> 00:15:24,540

the day and kind of having a devotional

324

00:15:29,810 --> 00:15:27,720

practice aligned to the planet that

325

00:15:31,790 --> 00:15:29,820

helps us get in touch with these seven

326

00:15:34,189 --> 00:15:31,800

archetypal energies that are working

327

00:15:35,990 --> 00:15:34,199

through us which also Express in

328

00:15:38,329 --> 00:15:36,000

unconscious ways and so the more

329

00:15:42,170 --> 00:15:38,339

familiar we can become with them through

330

00:15:44,930 --> 00:15:42,180

a sort of devotional magical practice

331

00:15:46,790 --> 00:15:44,940

the more we come to know ourselves and

332

00:15:49,069 --> 00:15:46,800

that again is part of this gnosis is

333

00:15:51,370 --> 00:15:49,079

coming to know these different aspects

334

00:15:54,410 --> 00:15:51,380

of

335

00:15:57,470 --> 00:15:54,420

very sufficient and inspirational answer

336

00:15:59,930 --> 00:15:57,480

thank you and you know on a personal

337

00:16:02,870 --> 00:15:59,940

level uh this

338

00:16:06,470 --> 00:16:02,880

this is you know for simplicity's sake I

339

00:16:10,490 --> 00:16:06,480

find that it seems that when one delves

340

00:16:13,310 --> 00:16:10,500

into the occult arts and uh trying to

341

00:16:16,550 --> 00:16:13,320

try trying to gather one's innermost

342

00:16:18,949 --> 00:16:16,560

potential that you know the outside

343

00:16:21,410 --> 00:16:18,959

world or reality if you want to call it

344

00:16:23,329 --> 00:16:21,420

that still has those moments and I've

345

00:16:25,069 --> 00:16:23,339

I've dealt with that myself where I'm

346

00:16:27,730 --> 00:16:25,079

where I'm knocked off of my own little

347

00:16:32,389 --> 00:16:27,740

pedestal that I've created for myself

348

00:16:35,590 --> 00:16:32,399

and it's it's hard for me to uh

349

00:16:40,069 --> 00:16:35,600

gauge the relationship between the real

350

00:16:41,629 --> 00:16:40,079

and the more surreal and yet I would say

351

00:16:44,150 --> 00:16:41,639

I would say that the more valuable

352

00:16:46,490 --> 00:16:44,160

things in my life are definitely

353

00:16:48,110 --> 00:16:46,500

sparked from you know like these

354

00:16:50,870 --> 00:16:48,120

messages you're describing the

355

00:16:53,389 --> 00:16:50,880

inspiration that comes from Beyond the

356

00:16:57,590 --> 00:16:53,399

Veil and the planetary aspects of that

357

00:16:58,610 --> 00:16:57,600

are huge and I I think you know in

358

00:17:01,730 --> 00:16:58,620

today's

359

00:17:04,970 --> 00:17:01,740

culture and Society were taught that the

360

00:17:08,150 --> 00:17:04,980

planets are just these random rocks

361

00:17:09,829 --> 00:17:08,160

floating around uh that you know just

362

00:17:13,370 --> 00:17:09,839

get in the way of NASA and their

363

00:17:15,409 --> 00:17:13,380

missions but on a personal level and

364

00:17:18,110 --> 00:17:15,419

more historically they are much more

365

00:17:23,689 --> 00:17:18,120

than that aren't they

366

00:17:25,250 --> 00:17:23,699

oh yeah yeah so in a hermetic cosmogony

367

00:17:27,350 --> 00:17:25,260

um we're talking about the southern

368

00:17:29,570 --> 00:17:27,360

traditional planets so the seven planets

369

00:17:31,310 --> 00:17:29,580

that were visible to the naked eye and

370

00:17:32,990 --> 00:17:31,320

technically they're not all planets so

371

00:17:35,750 --> 00:17:33,000

the sun and the moon are considered

372

00:17:37,909 --> 00:17:35,760

planets in this system even though

373

00:17:39,830 --> 00:17:37,919

um the sun is a star and the Moon is

374

00:17:42,289 --> 00:17:39,840

orbiting the Earth and

375

00:17:44,990 --> 00:17:42,299

um so we've got the Sun and the Moon and

376

00:17:48,890 --> 00:17:45,000

then Mercury Venus Mars Jupiter and

377

00:17:51,710 --> 00:17:48,900

Saturn and these are actually

378

00:17:54,830 --> 00:17:51,720

affecting us from the cosmos but they're

379

00:17:56,830 --> 00:17:54,840

also within them and this kind of goes

380

00:17:58,549 --> 00:17:56,840

with the Hermetic principle of

381

00:18:00,590 --> 00:17:58,559

Correspondence which says that

382

00:18:02,570 --> 00:18:00,600

everything that the Bob is like that

383

00:18:04,909 --> 00:18:02,580

which is below and that which is below

384

00:18:07,130 --> 00:18:04,919

is like that which is above

385

00:18:08,210 --> 00:18:07,140

um more commonly heard of Oz about So

386

00:18:10,730 --> 00:18:08,220

Below

387

00:18:12,830 --> 00:18:10,740

so these things are within us they're

388

00:18:14,930 --> 00:18:12,840

not just existing in the cosmos out in

389

00:18:17,450 --> 00:18:14,940

space they're actually inside of us and

390

00:18:19,010 --> 00:18:17,460

they represent energies and so as these

391

00:18:21,110 --> 00:18:19,020

planets are moving around the solar

392

00:18:23,510 --> 00:18:21,120

system and orbiting the Sun and

393

00:18:25,730 --> 00:18:23,520

aspecting with each other and with the

394

00:18:27,590 --> 00:18:25,740

Earth and with our natal charts and all

395

00:18:29,409 --> 00:18:27,600

of this it's affecting us in different

396

00:18:32,570 --> 00:18:29,419

ways and kind of triggering different

397

00:18:35,690 --> 00:18:32,580

reactions within us and

398

00:18:38,990 --> 00:18:35,700

if we're kind of operating in an

399

00:18:41,330 --> 00:18:39,000

unconscious automatic way in life we're

400

00:18:43,070 --> 00:18:41,340

not really like engaging then these

401

00:18:44,630 --> 00:18:43,080

things are just kind of having their way

402

00:18:47,570 --> 00:18:44,640

with us and that's what we understand as

403

00:18:50,570 --> 00:18:47,580

faith and so the Hermetic ideas that we

404

00:18:53,750 --> 00:18:50,580

overcome these seven spheres these seven

405

00:18:56,029 --> 00:18:53,760

planetary spheres the state and we rise

406

00:18:58,669 --> 00:18:56,039

into a higher state of consciousness and

407

00:19:01,430 --> 00:18:58,679

where in which we have our own creative

408

00:19:04,730 --> 00:19:01,440

agency and we come back into our power

409

00:19:06,950 --> 00:19:04,740

over destiny and this doesn't mean that

410

00:19:08,450 --> 00:19:06,960

we have complete control over things or

411

00:19:09,890 --> 00:19:08,460

that you know we're the rulers of the

412

00:19:12,169 --> 00:19:09,900

universe or something like that it just

413

00:19:14,930 --> 00:19:12,179

means that we've stepped into a more

414

00:19:17,330 --> 00:19:14,940

active creative role with our destiny

415

00:19:20,330 --> 00:19:17,340

and so we have more of the power to

416

00:19:21,770 --> 00:19:20,340

impact how things unfold how we react to

417

00:19:23,810 --> 00:19:21,780

things

418

00:19:25,789 --> 00:19:23,820

um and that all happens

419

00:19:27,529 --> 00:19:25,799

through

420

00:19:29,650 --> 00:19:27,539

um ascending to these different levels

421

00:19:32,390 --> 00:19:29,660

of consciousness but also through

422

00:19:33,830 --> 00:19:32,400

fine-tuning the imagination and

423

00:19:37,549 --> 00:19:33,840

understanding how the imagination

424

00:19:39,230 --> 00:19:37,559

affects the outer world

425

00:19:40,789 --> 00:19:39,240

um but I wanted to go back to what you

426
00:19:43,310 --> 00:19:40,799
were saying about

427
00:19:45,310 --> 00:19:43,320
um having a hard time

428
00:19:47,630 --> 00:19:45,320
kind of

429
00:19:48,650 --> 00:19:47,640
reconciling the outer world in the inner

430
00:19:50,750 --> 00:19:48,660
world I think that's what you were

431
00:19:52,610 --> 00:19:50,760
saying yeah kind of co-facilitating the

432
00:19:54,169 --> 00:19:52,620
two yeah

433
00:19:55,370 --> 00:19:54,179
yeah

434
00:19:58,310 --> 00:19:55,380
um

435
00:19:59,990 --> 00:19:58,320
I think that's kind of a product of of

436
00:20:03,890 --> 00:20:00,000
our culture and in this time and

437
00:20:06,950 --> 00:20:03,900
everything being so dualistic and um

438
00:20:11,150 --> 00:20:06,960

the Hermetic path really teaches us how

439

00:20:13,010 --> 00:20:11,160

to dissolve those boundaries and so one

440

00:20:16,270 --> 00:20:13,020

of the things that can happen is we

441

00:20:19,730 --> 00:20:16,280

start to observe what we consider

442

00:20:21,289 --> 00:20:19,740

consensus reality or the waking world or

443

00:20:23,510 --> 00:20:21,299

just reality

444

00:20:25,549 --> 00:20:23,520

um we start to observe that as though it

445

00:20:28,010 --> 00:20:25,559

were a dream itself

446

00:20:31,850 --> 00:20:28,020

and that green is unfolding within the

447

00:20:34,070 --> 00:20:31,860

mind of the Creator the one force energy

448

00:20:36,169 --> 00:20:34,080

in which everything is Unified and so

449

00:20:38,450 --> 00:20:36,179

we're all part of this unfolding dream

450

00:20:41,630 --> 00:20:38,460

and everything that occurs in our life

451
00:20:44,570 --> 00:20:41,640
around us and in the world is also part

452
00:20:47,990 --> 00:20:44,580
of that dream and if we think of what

453
00:20:48,650 --> 00:20:48,000
happens when we become Lucid in a dream

454
00:20:50,450 --> 00:20:48,660
um

455
00:20:53,029 --> 00:20:50,460
that's kind of what happens the more

456
00:20:54,409 --> 00:20:53,039
conscious we become in life we we have

457
00:20:56,330 --> 00:20:54,419
more

458
00:21:00,590 --> 00:20:56,340
um control over things that are

459
00:21:02,990 --> 00:21:00,600
happening and for creative power

460
00:21:06,289 --> 00:21:03,000
to affect things

461
00:21:08,990 --> 00:21:06,299
I like that kind of taking control and

462
00:21:10,070 --> 00:21:09,000
disciplining the mind to work through it

463
00:21:14,570 --> 00:21:10,080

and

464

00:21:16,789 --> 00:21:14,580

think that

465

00:21:19,909 --> 00:21:16,799

practically anyone who is an artist

466

00:21:22,909 --> 00:21:19,919

which you are an oil painter

467

00:21:26,510 --> 00:21:22,919

knows that fundamental truth that there

468

00:21:28,610 --> 00:21:26,520

is sort of this uh Divine spark but I

469

00:21:30,850 --> 00:21:28,620

don't want to take it out of out of out

470

00:21:35,510 --> 00:21:30,860

of context but this

471

00:21:38,690 --> 00:21:35,520

inspiration that can come from

472

00:21:43,610 --> 00:21:38,700

not not only within but it can come from

473

00:21:45,430 --> 00:21:43,620

outside of oneself and I don't want to

474

00:21:48,710 --> 00:21:45,440

call it channeling but I think that

475

00:21:54,289 --> 00:21:48,720

artists are automatically or somehow

476

00:21:57,230 --> 00:21:54,299

more in tune with the nature or or the

477

00:21:59,210 --> 00:21:57,240

the law of nature do you find that or do

478

00:22:04,250 --> 00:21:59,220

you are there times that you find that

479

00:22:10,370 --> 00:22:07,610

yeah definitely yeah and I I think of

480

00:22:14,090 --> 00:22:10,380

that as the the Flow State

481

00:22:17,210 --> 00:22:14,100

um when you're completely focused

482

00:22:18,890 --> 00:22:17,220

but you're not having to consciously

483

00:22:21,409 --> 00:22:18,900

deliberate over everything that you're

484

00:22:23,810 --> 00:22:21,419

doing because there's this sort of

485

00:22:27,409 --> 00:22:23,820

um energy that takes over like it feels

486

00:22:29,029 --> 00:22:27,419

as so your hand is being guided

487

00:22:31,730 --> 00:22:29,039

um at least when I'm painting this is

488

00:22:33,890 --> 00:22:31,740

what I what I feel feels as though my

489

00:22:36,230 --> 00:22:33,900

hand is being guided I can kind of step

490

00:22:37,789 --> 00:22:36,240

aside and just let things unfold and

491

00:22:39,830 --> 00:22:37,799

then some really surprising things can

492

00:22:41,870 --> 00:22:39,840

happen that feel like they're not coming

493

00:22:43,730 --> 00:22:41,880

from me they're just coming through me

494

00:22:46,970 --> 00:22:43,740

and that's a really really magical

495

00:22:50,450 --> 00:22:46,980

experience and you know athletes

496

00:22:51,649 --> 00:22:50,460

experience that data flow and

497

00:22:53,930 --> 00:22:51,659

um

498

00:22:56,510 --> 00:22:53,940

I think anyone working in any sort of

499

00:22:59,149 --> 00:22:56,520

creative Endeavor experience is that at

500

00:23:00,529 --> 00:22:59,159

different times that doesn't mean it's

501
00:23:02,930 --> 00:23:00,539
always like that when I'm painting

502
00:23:04,370 --> 00:23:02,940
sometimes it's just the work of it you

503
00:23:05,870 --> 00:23:04,380
know and it's just the discipline of

504
00:23:07,250 --> 00:23:05,880
like okay I just have to do this part

505
00:23:10,130 --> 00:23:07,260
and

506
00:23:11,630 --> 00:23:10,140
there's like

507
00:23:13,909 --> 00:23:11,640
maybe not a lot of conscious

508
00:23:17,330 --> 00:23:13,919
deliberation because the

509
00:23:19,370 --> 00:23:17,340
memory is in my body of how to do

510
00:23:21,770 --> 00:23:19,380
certain things but um

511
00:23:24,409 --> 00:23:21,780
that divine inspiration isn't

512
00:23:25,970 --> 00:23:24,419
necessarily coming through all the time

513
00:23:28,610 --> 00:23:25,980

but

514

00:23:31,130 --> 00:23:28,620

um the more that we can align our energy

515

00:23:32,930 --> 00:23:31,140

and get out of the way and kind of unify

516

00:23:35,029 --> 00:23:32,940

these different

517

00:23:37,070 --> 00:23:35,039

um dates of Attraction and repulsion

518

00:23:39,110 --> 00:23:37,080

that we're constantly being you know

519

00:23:42,890 --> 00:23:39,120

coming back and forth between the more

520

00:23:45,710 --> 00:23:42,900

we can fill all of that energy and align

521

00:23:49,149 --> 00:23:45,720

ourselves between the above and the

522

00:23:51,590 --> 00:23:49,159

below and kind of harmonizing these

523

00:23:54,950 --> 00:23:51,600

archetypal energies the seven spheres

524

00:23:57,470 --> 00:23:54,960

the more access we have to that created

525

00:23:59,690 --> 00:23:57,480

sphere which in the Hermetic system is

526
00:24:02,750 --> 00:23:59,700
called the abdullard or the Apes sphere

527
00:24:05,330 --> 00:24:02,760
so it's this idea that all the seven are

528
00:24:07,909 --> 00:24:05,340
unified in this eight sphere and this is

529
00:24:08,810 --> 00:24:07,919
where we step into our true creative

530
00:24:10,549 --> 00:24:08,820
power

531
00:24:12,169 --> 00:24:10,559
and that's why it's called the formative

532
00:24:15,529 --> 00:24:12,179
or the creative sphere

533
00:24:18,289 --> 00:24:15,539
and it's in the system of these nested

534
00:24:21,409 --> 00:24:18,299
spheres moving outward from the earth

535
00:24:24,770 --> 00:24:21,419
the eight sphere is outside of the seven

536
00:24:27,070 --> 00:24:24,780
planetary spheres and it's the sphere of

537
00:24:30,470 --> 00:24:27,080
the sixth stars or the sphere of Souls

538
00:24:33,169 --> 00:24:30,480

and beyond that then we have the sphere

539

00:24:34,669 --> 00:24:33,179

of the Divine mind and the ninth and

540

00:24:36,529 --> 00:24:34,679

then the sphere of

541

00:24:37,549 --> 00:24:36,539

um the source of all things the tense

542

00:24:41,029 --> 00:24:37,559

and

543

00:24:43,190 --> 00:24:41,039

we have this is sort of uh how

544

00:24:45,049 --> 00:24:43,200

Consciousness Rises up about these kind

545

00:24:47,810 --> 00:24:45,059

of energies that would Hold Us Down

546

00:24:50,990 --> 00:24:47,820

closer to the Earth and reaches towards

547

00:24:52,610 --> 00:24:51,000

its divine nature and so the more we get

548

00:24:55,549 --> 00:24:52,620

out of the way the more access we have

549

00:24:56,990 --> 00:24:55,559

to that divine inspiration that moves

550

00:24:59,230 --> 00:24:57,000

through less and kind of guides our

551
00:25:03,770 --> 00:24:59,240
creative work

552
00:25:07,669 --> 00:25:03,780
that is such a great explanation and you

553
00:25:10,730 --> 00:25:07,679
know kind of going into this

554
00:25:12,350 --> 00:25:10,740
um you know the reality of inspiration

555
00:25:17,870 --> 00:25:12,360
and

556
00:25:19,850 --> 00:25:17,880
ancient Egyptian roots of hermetic

557
00:25:20,810 --> 00:25:19,860
tradition which you write about in your

558
00:25:23,149 --> 00:25:20,820
book

559
00:25:25,970 --> 00:25:23,159
you you

560
00:25:28,789 --> 00:25:25,980
took a trip to Egypt if I'm not mistaken

561
00:25:31,269 --> 00:25:28,799
I wanted to ask you obviously though

562
00:25:33,950 --> 00:25:31,279
their thought was

563
00:25:36,830 --> 00:25:33,960

portrayed as I believe the one who

564

00:25:39,470 --> 00:25:36,840

invented writing and

565

00:25:42,010 --> 00:25:39,480

what what was your trip like did was it

566

00:25:45,710 --> 00:25:42,020

what you expect or much more different

567

00:25:47,390 --> 00:25:45,720

inspirational in any sense

568

00:25:50,570 --> 00:25:47,400

there's definitely much more than I

569

00:25:54,350 --> 00:25:50,580

expected and very very inspirational and

570

00:25:56,510 --> 00:25:54,360

mind-opening and um so definitely played

571

00:25:59,029 --> 00:25:56,520

a big part of that um

572

00:26:01,610 --> 00:25:59,039

I feel like this both is always with me

573

00:26:03,590 --> 00:26:01,620

so both of the ibis-headed god of

574

00:26:06,590 --> 00:26:03,600

Ancient Egypt and yes he was the god of

575

00:26:08,049 --> 00:26:06,600

writing the god of magic and Alchemy and

576
00:26:10,970 --> 00:26:08,059

astrology

577
00:26:13,909 --> 00:26:10,980

engineering mathematics like all of

578
00:26:17,029 --> 00:26:13,919

these Divine Arts and Sciences were

579
00:26:18,190 --> 00:26:17,039

ascribed to this ancient Egyptian deity

580
00:26:23,149 --> 00:26:18,200

named those

581
00:26:26,570 --> 00:26:23,159

and both is a predecessor of Hermes

582
00:26:29,090 --> 00:26:26,580

the syncretic form of Hermes hermesism

583
00:26:30,710 --> 00:26:29,100

Magistas who combined the Greek hermeas

584
00:26:31,909 --> 00:26:30,720

with the Egyptian cells

585
00:26:33,890 --> 00:26:31,919

so

586
00:26:35,390 --> 00:26:33,900

yeah when I went to Egypt

587
00:26:36,890 --> 00:26:35,400

um

588
00:26:39,289 --> 00:26:36,900

one of the most

589

00:26:42,169 --> 00:26:39,299

uh one of the first things that hit me

590

00:26:45,350 --> 00:26:42,179

was just a sense of familiarity and a

591

00:26:46,370 --> 00:26:45,360

feeling of coming home and

592

00:26:48,529 --> 00:26:46,380

um

593

00:26:50,450 --> 00:26:48,539

the whole time I just felt like I was in

594

00:26:52,250 --> 00:26:50,460

a state of on but it was all very

595

00:26:54,529 --> 00:26:52,260

surreal and

596

00:26:58,669 --> 00:26:54,539

in a lot of the temples I had this sense

597

00:27:00,710 --> 00:26:58,679

of comfort and familiarities

598

00:27:02,630 --> 00:27:00,720

no sort of memories or anything like

599

00:27:05,330 --> 00:27:02,640

that I don't have past life recall but

600

00:27:09,289 --> 00:27:05,340

it just felt like home

601
00:27:13,190 --> 00:27:10,310
um

602
00:27:14,930 --> 00:27:13,200
and it was really neat to know that you

603
00:27:17,990 --> 00:27:14,940
know Egypt is the birthplace of these

604
00:27:20,210 --> 00:27:18,000
hermetic teachings and to be able to

605
00:27:22,490 --> 00:27:20,220
look at some of the reliefs on the walls

606
00:27:24,950 --> 00:27:22,500
of the temples and

607
00:27:28,070 --> 00:27:24,960
um kind of put some pieces together and

608
00:27:31,190 --> 00:27:28,080
see how chemical and hermetic principles

609
00:27:33,830 --> 00:27:31,200
depicted through the Egyptian cosmology

610
00:27:37,130 --> 00:27:33,840
and mythology so

611
00:27:40,070 --> 00:27:37,140
yeah that was a really interesting and

612
00:27:42,169 --> 00:27:40,080
um enlightening seem to experience there

613
00:27:44,390 --> 00:27:42,179

and

614

00:27:46,490 --> 00:27:44,400
at another trip really raised more

615

00:27:49,490 --> 00:27:46,500
questions than it answered

616

00:27:50,870 --> 00:27:49,500
and I feel like this next leg of my

617

00:27:53,090 --> 00:27:50,880
journey is really going to be about

618

00:27:56,890 --> 00:27:53,100
unpacking that and going deeper into my

619

00:27:59,810 --> 00:27:56,900
understanding of um Egyptian lore and

620

00:28:01,490 --> 00:27:59,820
cosmology and you know

621

00:28:03,710 --> 00:28:01,500
trying to put some more pieces together

622

00:28:06,230 --> 00:28:03,720
and go a little deeper with that

623

00:28:08,210 --> 00:28:06,240
oh that's great that's on the bucket

624

00:28:09,890 --> 00:28:08,220
list something I haven't done yet but I

625

00:28:14,690 --> 00:28:09,900
definitely want to incorporate in my

626

00:28:16,549 --> 00:28:14,700

life and oh yeah it looks like it is you

627

00:28:18,830 --> 00:28:16,559

know it's it's something it's better

628

00:28:21,350 --> 00:28:18,840

done sooner than later as the popularity

629

00:28:24,169 --> 00:28:21,360

increases

630

00:28:26,570 --> 00:28:24,179

and right right

631

00:28:29,630 --> 00:28:26,580

um another aspect of your book and a

632

00:28:31,990 --> 00:28:29,640

portion that I really liked is where you

633

00:28:35,149 --> 00:28:32,000

delve into the three branches of

634

00:28:37,490 --> 00:28:35,159

hermeticism astrology magic and Alchemy

635

00:28:38,930 --> 00:28:37,500

and if you don't mind I want to read uh

636

00:28:40,970 --> 00:28:38,940

just a quick sentence which I thought

637

00:28:44,690 --> 00:28:40,980

was amazing

638

00:28:47,570 --> 00:28:44,700

and that is okay that's a a magician

639

00:28:50,269 --> 00:28:47,580

unaware of planetary and zodiacal timing

640

00:28:52,730 --> 00:28:50,279

or at the very least the cycles of the

641

00:28:54,710 --> 00:28:52,740

moon is ignoring one of the most

642

00:28:57,470 --> 00:28:54,720

important factors in conducting

643

00:29:00,710 --> 00:28:57,480

successful rituals and this is so true

644

00:29:04,250 --> 00:29:00,720

coming back to the reality or our

645

00:29:07,970 --> 00:29:04,260

reality the cosmology of it all almost

646

00:29:10,970 --> 00:29:07,980

working like a finely tuned clock timing

647

00:29:14,810 --> 00:29:10,980

is everything isn't it

648

00:29:16,730 --> 00:29:14,820

yes yes it is and there's just so many

649

00:29:18,289 --> 00:29:16,740

levels of how precise you can get with

650

00:29:20,510 --> 00:29:18,299

that timing

651
00:29:22,970 --> 00:29:20,520
um from as basic as just you know doing

652
00:29:25,310 --> 00:29:22,980
something in the hour of the planet on

653
00:29:28,130 --> 00:29:25,320
the planetary day to like really working

654
00:29:30,769 --> 00:29:28,140
out fine-tuned elections

655
00:29:33,049 --> 00:29:30,779
um where you know all of the planets and

656
00:29:35,570 --> 00:29:33,059
the moon especially are in an optimal

657
00:29:38,930 --> 00:29:35,580
position for a specific purpose for a

658
00:29:40,610 --> 00:29:38,940
specific magical ritual or calisthenic

659
00:29:44,149 --> 00:29:40,620
purpose so yeah there's a lot of

660
00:29:46,250 --> 00:29:44,159
different levels of how precise you can

661
00:29:49,730 --> 00:29:46,260
be with that timing

662
00:29:52,370 --> 00:29:49,740
and in in today's modern it does seem

663
00:29:54,590 --> 00:29:52,380

like in today's modern society this is

664

00:29:58,370 --> 00:29:54,600

something that is getting more and more

665

00:30:02,450 --> 00:29:58,380

ignored where in the past Sailors

666

00:30:05,450 --> 00:30:02,460

Travelers alike would quite literally

667

00:30:07,810 --> 00:30:05,460

bet their lives and risk everything as

668

00:30:13,250 --> 00:30:07,820

far as from a navigational perspective

669

00:30:16,010 --> 00:30:13,260

on the stars and they they took it a lot

670

00:30:18,610 --> 00:30:16,020

more seriously and these operations of

671

00:30:22,669 --> 00:30:18,620

the Stars the moon the sun were taken

672

00:30:25,669 --> 00:30:22,679

far above what we consider them is just

673

00:30:28,330 --> 00:30:25,679

being menial in in today's modern

674

00:30:31,130 --> 00:30:28,340

culture how do we get back to

675

00:30:33,710 --> 00:30:31,140

operationally and like including this in

676

00:30:36,470 --> 00:30:33,720

our lives in your opinion

677

00:30:39,049 --> 00:30:36,480

hmm that's a good question

678

00:30:41,870 --> 00:30:39,059

um well I think it all you know starts

679

00:30:44,269 --> 00:30:41,880

individually and with the desire to

680

00:30:44,990 --> 00:30:44,279

learn and to understand

681

00:30:46,850 --> 00:30:45,000

um

682

00:30:48,950 --> 00:30:46,860

and

683

00:30:51,830 --> 00:30:48,960

just beginning to incorporate it with

684

00:30:54,649 --> 00:30:51,840

little things you know like

685

00:30:56,990 --> 00:30:54,659

um observing the cycles of the Moon and

686

00:30:59,269 --> 00:30:57,000

is the moon Waxing or Waning and when

687

00:31:01,789 --> 00:30:59,279

it's waxing it's the more generative

688

00:31:02,510 --> 00:31:01,799

time when it's waning it's more

689

00:31:05,210 --> 00:31:02,520

um

690

00:31:07,789 --> 00:31:05,220

passive or contractive so we can start

691

00:31:08,450 --> 00:31:07,799

to attune ourselves those Cycles

692

00:31:11,690 --> 00:31:08,460

um

693

00:31:13,730 --> 00:31:11,700

we can get in touch with the zodiacal

694

00:31:15,830 --> 00:31:13,740

signs and the different Cycles unfolding

695

00:31:17,210 --> 00:31:15,840

through throughout the year and the

696

00:31:17,990 --> 00:31:17,220

seasons

697

00:31:19,730 --> 00:31:18,000

um

698

00:31:22,430 --> 00:31:19,740

so yeah there's little ways that we can

699

00:31:24,289 --> 00:31:22,440

start to get in touch with that and not

700

00:31:27,169 --> 00:31:24,299

everybody needs to get into you know

701
00:31:29,630 --> 00:31:27,179
electional magic

702
00:31:32,210 --> 00:31:29,640
um that can be pretty complicated and

703
00:31:34,310 --> 00:31:32,220
it's not entirely necessary to go that

704
00:31:38,029 --> 00:31:34,320
deep with it I don't think

705
00:31:39,889 --> 00:31:38,039
um but just getting in tune with cycles

706
00:31:42,649 --> 00:31:39,899
and the timing of the planets and kind

707
00:31:44,350 --> 00:31:42,659
of understanding what's going on in that

708
00:31:48,529 --> 00:31:44,360
cosmological clock

709
00:31:50,090 --> 00:31:48,539
can help us to put things into context

710
00:31:52,130 --> 00:31:50,100
that are happening in our lives and in

711
00:31:54,769 --> 00:31:52,140
the world around us

712
00:31:58,370 --> 00:31:54,779
um help us find meaning and also help us

713
00:32:01,010 --> 00:31:58,380

to navigate energies that are unfolding

714

00:32:03,470 --> 00:32:01,020

in a more graceful way you know so

715

00:32:05,630 --> 00:32:03,480

things might be happening

716

00:32:07,549 --> 00:32:05,640

um according to that cosmological clock

717

00:32:09,350 --> 00:32:07,559

there might be certain transits or

718

00:32:11,149 --> 00:32:09,360

things happening that are affecting us

719

00:32:14,750 --> 00:32:11,159

in a certain way

720

00:32:16,789 --> 00:32:14,760

um but we the more conscious we are of

721

00:32:19,130 --> 00:32:16,799

that and how these things are unfolding

722

00:32:21,769 --> 00:32:19,140

the more we can kind of play with that

723

00:32:23,049 --> 00:32:21,779

and get creative and find ways to move

724

00:32:26,230 --> 00:32:23,059

through that

725

00:32:31,250 --> 00:32:26,240

in in a positive way you know

726

00:32:34,130 --> 00:32:31,260

absolutely and I I really appreciate the

727

00:32:36,049 --> 00:32:34,140

detail you go into the cosmology I don't

728

00:32:39,289 --> 00:32:36,059

want to stay on that topic the whole

729

00:32:40,789 --> 00:32:39,299

time but it is it is definitely a feat

730

00:32:43,850 --> 00:32:40,799

that you've accomplished here with this

731

00:32:46,789 --> 00:32:43,860

book again I highly recommend everybody

732

00:32:48,769 --> 00:32:46,799

get it and before I forget and I don't

733

00:32:50,210 --> 00:32:48,779

want to just cram this in at the end of

734

00:32:52,730 --> 00:32:50,220

the podcast

735

00:32:55,190 --> 00:32:52,740

your artwork is something to behold can

736

00:32:58,490 --> 00:32:55,200

we tell listeners where they can view

737

00:33:00,950 --> 00:32:58,500

your artwork purchase prints and things

738

00:33:03,350 --> 00:33:00,960

of that nature

739

00:33:06,289 --> 00:33:03,360

yeah well my website is a great place to

740

00:33:11,029 --> 00:33:06,299

go um that's just my name so Marlana

741

00:33:13,190 --> 00:33:11,039

Devin bremner.com all spelled out and

742

00:33:14,750 --> 00:33:13,200

um there's a gallery of all my work and

743

00:33:17,149 --> 00:33:14,760

prints available of almost everything

744

00:33:18,529 --> 00:33:17,159

and

745

00:33:20,269 --> 00:33:18,539

um I'm not sure when the episode is

746

00:33:22,610 --> 00:33:20,279

going out but everything's on sale at

747

00:33:23,529 --> 00:33:22,620

the moment until midnight tonight

748

00:33:26,149 --> 00:33:23,539

um

749

00:33:28,450 --> 00:33:26,159

we'll get it out then before then for

750

00:33:33,590 --> 00:33:31,190

and uh let's see I have an Instagram

751
00:33:37,190 --> 00:33:33,600
where I post things that I'm working on

752
00:33:39,350 --> 00:33:37,200
and my travels and other events and

753
00:33:40,490 --> 00:33:39,360
stuff like that and that's just M7

754
00:33:41,990 --> 00:33:40,500
artists

755
00:33:48,889 --> 00:33:42,000
and

756
00:33:50,389 --> 00:33:48,899
my patreon at seven art all spelled out

757
00:33:51,769 --> 00:33:50,399
and so lots of different ways to

758
00:33:53,930 --> 00:33:51,779
interact but yeah if you want to

759
00:33:55,490 --> 00:33:53,940
purchase prints or just peruse through

760
00:33:56,750 --> 00:33:55,500
the Galleries and the website's the

761
00:33:59,149 --> 00:33:56,760
place to go

762
00:34:01,909 --> 00:33:59,159
that is great thanks for doing that and

763
00:34:05,630 --> 00:34:01,919

I also really like how you attack the

764

00:34:07,190 --> 00:34:05,640

concept of one and how basically

765

00:34:07,970 --> 00:34:07,200

universality

766

00:34:11,270 --> 00:34:07,980

um

767

00:34:14,149 --> 00:34:11,280

the Heaven and Earth component in a in a

768

00:34:17,210 --> 00:34:14,159

a bit of a ufologist and I'm interested

769

00:34:19,070 --> 00:34:17,220

in strange areas and actually you live

770

00:34:24,050 --> 00:34:19,080

in one you're in the land of enchantment

771

00:34:26,149 --> 00:34:24,060

and and you know in a in a recent

772

00:34:27,829 --> 00:34:26,159

conversation with somebody who had ties

773

00:34:30,710 --> 00:34:27,839

to intelligence in the Department of

774

00:34:34,070 --> 00:34:30,720

Defense they were mentioning to me well

775

00:34:36,649 --> 00:34:34,080

you know that uh they said something

776

00:34:38,869 --> 00:34:36,659

very hermetic with that without really I

777

00:34:42,230 --> 00:34:38,879

don't believe wanting to or meaning to

778

00:34:45,169 --> 00:34:42,240

but they said you know I they said

779

00:34:48,109 --> 00:34:45,179

speaking of themselves I believe God and

780

00:34:51,550 --> 00:34:48,119

Satan are one and that sounded very

781

00:34:54,889 --> 00:34:51,560

hermetic to me because

782

00:34:57,950 --> 00:34:54,899

you know when for for somebody that's

783

00:35:01,849 --> 00:34:57,960

more well-versed in the occult and the

784

00:35:04,970 --> 00:35:01,859

esoteric this this is kind of a

785

00:35:07,790 --> 00:35:04,980

a given you know if you do deep research

786

00:35:10,670 --> 00:35:07,800

but this was something that they had

787

00:35:12,950 --> 00:35:10,680

come across just through

788

00:35:13,609 --> 00:35:12,960

energy work

789

00:35:16,430 --> 00:35:13,619

um

790

00:35:19,510 --> 00:35:16,440

Kundalini Yoga and some other things but

791

00:35:23,270 --> 00:35:19,520

the principle of Oneness in the universe

792

00:35:26,990 --> 00:35:23,280

and I find that that is slowly but

793

00:35:31,670 --> 00:35:27,000

surely kind of permeating into all

794

00:35:37,130 --> 00:35:34,550

that gray area is more readily accepted

795

00:35:39,589 --> 00:35:37,140

than straight positivity or straight

796

00:35:42,349 --> 00:35:39,599

negativity have you found that at all in

797

00:35:46,910 --> 00:35:45,109

yeah you know I do see that

798

00:35:49,310 --> 00:35:46,920

um happening and I I see people

799

00:35:50,329 --> 00:35:49,320

reflecting that truth and

800

00:35:53,450 --> 00:35:50,339

um

801
00:35:57,190 --> 00:35:53,460
trying you know I think people are

802
00:35:59,930 --> 00:35:57,200
wanting balance and the Hermetic

803
00:36:01,790 --> 00:35:59,940
worldview does kind of provide a way of

804
00:36:04,970 --> 00:36:01,800
looking at things that is more

805
00:36:08,030 --> 00:36:04,980
fundamentally balanced and that allows

806
00:36:10,190 --> 00:36:08,040
for things to be complex and it allows

807
00:36:12,650 --> 00:36:10,200
for Paradox you know that yeah God and

808
00:36:15,950 --> 00:36:12,660
Satan are essentially the same thing

809
00:36:19,250 --> 00:36:15,960
because of this idea that everything is

810
00:36:21,650 --> 00:36:19,260
from a unified source and so we perceive

811
00:36:23,569 --> 00:36:21,660
things in this reality as being so

812
00:36:25,849 --> 00:36:23,579
diametrically approached and separate

813
00:36:28,250 --> 00:36:25,859

you know there's hot and cold and love

814

00:36:31,250 --> 00:36:28,260

and hate and male and female and all

815

00:36:33,050 --> 00:36:31,260

these polarities and opposites but at

816

00:36:36,650 --> 00:36:33,060

the root of it all everything is united

817

00:36:37,810 --> 00:36:36,660

in one form so every opposite

818

00:36:40,490 --> 00:36:37,820

um

819

00:36:43,730 --> 00:36:40,500

contains its opposite within it you know

820

00:36:45,950 --> 00:36:43,740

the whole yin and yang idea and

821

00:36:53,270 --> 00:36:50,050

I think people are wanting to

822

00:36:54,950 --> 00:36:53,280

find that middle ground you know and

823

00:36:57,710 --> 00:36:54,960

that's really what the Hermetic

824

00:36:59,089 --> 00:36:57,720

teachings are all about is finding that

825

00:37:01,550 --> 00:36:59,099

um

826

00:37:03,650 --> 00:37:01,560

that Unified

827

00:37:06,290 --> 00:37:03,660

aligned path

828

00:37:08,089 --> 00:37:06,300

that doesn't see things as being so

829

00:37:11,750 --> 00:37:08,099

black and white

830

00:37:14,870 --> 00:37:11,760

absolutely energized he energizes these

831

00:37:17,630 --> 00:37:14,880

things that are kind of pulling us in

832

00:37:21,410 --> 00:37:17,640

such disparate ways

833

00:37:24,230 --> 00:37:21,420

and it's it is funny how humans have

834

00:37:26,450 --> 00:37:24,240

that tendency or it seems like limited

835

00:37:28,670 --> 00:37:26,460

capacity to only see things is positive

836

00:37:31,810 --> 00:37:28,680

and negative and that kind of brings me

837

00:37:33,770 --> 00:37:31,820

to another fundamental

838

00:37:36,950 --> 00:37:33,780

interesting

839

00:37:39,890 --> 00:37:36,960

portion that you cover very well in your

840

00:37:42,530 --> 00:37:39,900

book and that is the Trinity which is

841

00:37:45,530 --> 00:37:42,540

basically you know this third entity

842

00:37:49,010 --> 00:37:45,540

kind of Incorporated to provide make it

843

00:37:52,190 --> 00:37:49,020

more palatable and provide balance and

844

00:37:55,130 --> 00:37:52,200

do you think that that was presented in

845

00:37:56,890 --> 00:37:55,140

many spiritual and religious Traditions

846

00:38:01,190 --> 00:37:56,900

including gnosticism

847

00:38:05,690 --> 00:38:01,200

for that palatability just for people to

848

00:38:05,700 --> 00:38:08,569

um

849

00:38:14,630 --> 00:38:09,829

I think

850

00:38:18,829 --> 00:38:17,510

a reflection of the energy of the

851
00:38:19,730 --> 00:38:18,839
Universe

852
00:38:21,770 --> 00:38:19,740
um

853
00:38:26,569 --> 00:38:21,780
that it's not just positive and negative

854
00:38:29,030 --> 00:38:26,579
it's positive negative and neutral so

855
00:38:30,650 --> 00:38:29,040
we need that neutral pole for the

856
00:38:32,510 --> 00:38:30,660
positive and negative energies to

857
00:38:34,430 --> 00:38:32,520
interact around

858
00:38:36,829 --> 00:38:34,440
um and so there we have the Trinity just

859
00:38:38,089 --> 00:38:36,839
in electromagnetics but this gets

860
00:38:39,950 --> 00:38:38,099
expressed in different ways in different

861
00:38:43,190 --> 00:38:39,960
religions so

862
00:38:46,250 --> 00:38:43,200
um in The Vedic system there's the

863
00:38:49,130 --> 00:38:46,260

active regossic Force and the passive

864

00:38:51,470 --> 00:38:49,140

temasek force and then the static

865

00:38:54,829 --> 00:38:51,480

neutral or balanced force that ties in

866

00:38:57,650 --> 00:38:54,839

together and in alchemy we have mercury

867

00:39:01,430 --> 00:38:57,660

which is that neutral principle that

868

00:39:03,710 --> 00:39:01,440

ties together the sulfur or the soul and

869

00:39:07,490 --> 00:39:03,720

the salt the body

870

00:39:10,190 --> 00:39:07,500

um and yeah so we see these these three

871

00:39:12,349 --> 00:39:10,200

principles being expressed

872

00:39:15,650 --> 00:39:12,359

um that just convey to us the nature of

873

00:39:17,690 --> 00:39:15,660

energy itself there's expansive energy

874

00:39:19,849 --> 00:39:17,700

and contractive energy and then there's

875

00:39:21,470 --> 00:39:19,859

neutral energy that is just pure

876

00:39:25,849 --> 00:39:21,480

Stillness

877

00:39:28,010 --> 00:39:25,859

able to connect these two parts of

878

00:39:32,089 --> 00:39:28,020

ourselves that are moving between

879

00:39:33,770 --> 00:39:32,099

contractive and expansive phases

880

00:39:36,109 --> 00:39:33,780

and

881

00:39:37,849 --> 00:39:36,119

I like to think of um

882

00:39:40,430 --> 00:39:37,859

I actually like to think of the infinity

883

00:39:42,290 --> 00:39:40,440

symbol a lot because um

884

00:39:43,970 --> 00:39:42,300

so the infinity symbol we can think of

885

00:39:48,349 --> 00:39:43,980

as the number eight which is described

886

00:39:50,690 --> 00:39:48,359

to Mercury and it's this continuous flow

887

00:39:53,270 --> 00:39:50,700

between these two states of being and at

888

00:39:55,670 --> 00:39:53,280

the center we have that skill point

889

00:39:57,950 --> 00:39:55,680

um so I like to meditate on this symbol

890

00:39:59,810 --> 00:39:57,960

a lot as a way to you know kind of tune

891

00:40:02,390 --> 00:39:59,820

into that skill point and say okay yes

892

00:40:04,910 --> 00:40:02,400

there's expansion and Contraption

893

00:40:07,370 --> 00:40:04,920

um let's just root myself into that

894

00:40:08,690 --> 00:40:07,380

Stillness in the center but also to

895

00:40:09,290 --> 00:40:08,700

embrace

896

00:40:11,150 --> 00:40:09,300

um

897

00:40:14,089 --> 00:40:11,160

when things are expanding and when

898

00:40:16,370 --> 00:40:14,099

things are Contracting and to be able to

899

00:40:17,390 --> 00:40:16,380

observe and not fight against it you

900

00:40:19,910 --> 00:40:17,400

know

901
00:40:22,250 --> 00:40:19,920
yeah I think that's a really good way to

902
00:40:25,550 --> 00:40:22,260
describe it and it is present it seems

903
00:40:28,430 --> 00:40:25,560
in all inner energy and and even

904
00:40:30,829 --> 00:40:28,440
electricity you know with a positive and

905
00:40:33,010 --> 00:40:30,839
negative and no ground you're kind of

906
00:40:34,910 --> 00:40:33,020
asking for trouble

907
00:40:35,870 --> 00:40:34,920
and

908
00:40:37,970 --> 00:40:35,880
um

909
00:40:39,950 --> 00:40:37,980
and you know the Trinity I think it's

910
00:40:41,650 --> 00:40:39,960
important for listeners to know and you

911
00:40:45,170 --> 00:40:41,660
document this in your book quite well

912
00:40:47,270 --> 00:40:45,180
that the Trinity is described in the

913
00:40:51,050 --> 00:40:47,280

sacred sermon of Hermes

914

00:40:54,410 --> 00:40:51,060

and I I find that amazing you know just

915

00:40:57,589 --> 00:40:54,420

how much was here before many of

916

00:40:59,450 --> 00:40:57,599

mainstream religions kind of picked and

917

00:41:02,569 --> 00:40:59,460

choose and you know got what they wanted

918

00:41:04,970 --> 00:41:02,579

whatever would would help them in their

919

00:41:06,950 --> 00:41:04,980

in their assimilation of like the the

920

00:41:08,390 --> 00:41:06,960

residents in whatever area they were in

921

00:41:11,390 --> 00:41:08,400

but

922

00:41:13,370 --> 00:41:11,400

the Trinity is described as God the

923

00:41:16,790 --> 00:41:13,380

godhead and The Godly nature and I think

924

00:41:20,530 --> 00:41:16,800

that that's a great way of

925

00:41:23,030 --> 00:41:20,540

you know of description of the trinity

926

00:41:25,670 --> 00:41:23,040

and we find this in a lot of other

927

00:41:29,770 --> 00:41:25,680

cultures as well Eastern cultures and

928

00:41:32,390 --> 00:41:29,780

you pull from a wide variety of codices

929

00:41:35,450 --> 00:41:32,400

how how did you

930

00:41:37,310 --> 00:41:35,460

decide how how to get this all together

931

00:41:39,050 --> 00:41:37,320

because it's pretty fascinating it would

932

00:41:41,510 --> 00:41:39,060

be a lot of work just pulling from one

933

00:41:43,609 --> 00:41:41,520

or two but you you really you really go

934

00:41:46,910 --> 00:41:43,619

all in with this and try to incorporate

935

00:41:50,810 --> 00:41:49,130

I think that's just kind of my general

936

00:41:53,530 --> 00:41:50,820

approach to life

937

00:41:56,089 --> 00:41:53,540

um when I'm interested in a subject and

938

00:41:59,030 --> 00:41:56,099

I kind of want to see it from as many

939

00:42:01,370 --> 00:41:59,040

angles as I can and sort of you know

940

00:42:02,569 --> 00:42:01,380

that gets into comparative mythology and

941

00:42:03,349 --> 00:42:02,579

stuff and

942

00:42:05,210 --> 00:42:03,359

um

943

00:42:08,210 --> 00:42:05,220

I'm always looking for patterns and

944

00:42:10,849 --> 00:42:08,220

connections between things and that's

945

00:42:12,650 --> 00:42:10,859

kind of just how I approach the world in

946

00:42:15,170 --> 00:42:12,660

general is kind of with an eye for those

947

00:42:17,630 --> 00:42:15,180

patterns and connections and so when I

948

00:42:19,790 --> 00:42:17,640

was researching the book that's also

949

00:42:22,370 --> 00:42:19,800

how that was unfolding for me was okay

950

00:42:23,990 --> 00:42:22,380

well what does this look like in

951
00:42:26,150 --> 00:42:24,000
um in this context during this other

952
00:42:28,849 --> 00:42:26,160
culture and

953
00:42:30,050 --> 00:42:28,859
um what other sources discuss this topic

954
00:42:32,050 --> 00:42:30,060
you know and

955
00:42:36,050 --> 00:42:32,060
kind of trying to

956
00:42:40,430 --> 00:42:38,270
um perspective through looking at many

957
00:42:41,750 --> 00:42:40,440
different sources for things

958
00:42:45,410 --> 00:42:41,760
so yeah

959
00:42:48,950 --> 00:42:45,420
very well done and it flows so well in

960
00:42:51,349 --> 00:42:48,960
the book it really does and I I also

961
00:42:54,470 --> 00:42:51,359
really appreciate the fact that you

962
00:42:58,150 --> 00:42:54,480
bring in the chakras and the the human

963
00:43:00,950 --> 00:42:58,160

body and how energy flows through that

964

00:43:02,450 --> 00:43:00,960

uh I really I really appreciated that

965

00:43:05,030 --> 00:43:02,460

could you tell listeners a little bit

966

00:43:08,270 --> 00:43:05,040

about the human chakras and how this

967

00:43:09,589 --> 00:43:08,280

relates to the Hermetic principles

968

00:43:13,130 --> 00:43:09,599

mm-hmm

969

00:43:13,730 --> 00:43:13,140

so the chakras are based on the

970

00:43:16,309 --> 00:43:13,740

um

971

00:43:18,109 --> 00:43:16,319

caduceus which is the staff of hernias

972

00:43:19,910 --> 00:43:18,119

and

973

00:43:22,490 --> 00:43:19,920

um it's interesting that you know the

974

00:43:23,450 --> 00:43:22,500

The Vedic tradition has their own

975

00:43:25,670 --> 00:43:23,460

um

976
00:43:28,790 --> 00:43:25,680
very similar

977
00:43:30,829 --> 00:43:28,800
um understanding of the human esoteric

978
00:43:32,690 --> 00:43:30,839
anatomy and that this relates to the

979
00:43:33,410 --> 00:43:32,700
ancient Egyptian

980
00:43:36,410 --> 00:43:33,420
um

981
00:43:38,210 --> 00:43:36,420
symbol of serpents and twice inclining

982
00:43:39,109 --> 00:43:38,220
around to stuff

983
00:43:41,990 --> 00:43:39,119
um

984
00:43:44,210 --> 00:43:42,000
anyway there's a central Channel and

985
00:43:46,569 --> 00:43:44,220
around the central channel that runs up

986
00:43:49,130 --> 00:43:46,579
the spinal columns there are these two

987
00:43:52,010 --> 00:43:49,140
serpentine-like energies that interweave

988
00:43:54,589 --> 00:43:52,020

as they move up around this Channel and

989

00:43:56,870 --> 00:43:54,599

where they overlap uh where they cross

990

00:43:59,630 --> 00:43:56,880

over this is where these chakras or

991

00:44:03,170 --> 00:43:59,640

energy centers are formed and there's

992

00:44:05,809 --> 00:44:03,180

seven of these starting at the perineum

993

00:44:08,450 --> 00:44:05,819

or the base of the spine and moving all

994

00:44:10,690 --> 00:44:08,460

the way up to the crown of the head and

995

00:44:13,490 --> 00:44:10,700

they regulate

996

00:44:15,290 --> 00:44:13,500

energy moving into and out of the body

997

00:44:15,950 --> 00:44:15,300

and

998

00:44:18,349 --> 00:44:15,960

um

999

00:44:20,690 --> 00:44:18,359

function primarily through the nervous

1000

00:44:24,589 --> 00:44:20,700

system and the endocrine system

1001

00:44:26,809 --> 00:44:24,599

so um facilitating messages

1002

00:44:30,050 --> 00:44:26,819

um to the brain and through the hormones

1003

00:44:34,130 --> 00:44:30,060

and affecting the bodily organs in that

1004

00:44:37,790 --> 00:44:34,140

way so each one deals with different

1005

00:44:39,650 --> 00:44:37,800

bodily functions different organs each

1006

00:44:42,589 --> 00:44:39,660

one aligns with the different elements

1007

00:44:44,930 --> 00:44:42,599

with a different planet so that's the

1008

00:44:47,030 --> 00:44:44,940

root chakra we've got Saturn and the

1009

00:44:49,190 --> 00:44:47,040

elements of earth and everything having

1010

00:44:52,390 --> 00:44:49,200

to do with our physicality our

1011

00:44:55,609 --> 00:44:52,400

elimination system our sexuality

1012

00:44:58,550 --> 00:44:55,619

survival instincts

1013

00:44:59,809 --> 00:44:58,560

and then um I don't know if I want to

1014

00:45:01,730 --> 00:44:59,819

get into all of them but for another

1015

00:45:05,089 --> 00:45:01,740

example we've got the heart chakra which

1016

00:45:07,130 --> 00:45:05,099

is ruled by Venus and this regulates the

1017

00:45:08,050 --> 00:45:07,140

heart and the lungs and the circulatory

1018

00:45:11,870 --> 00:45:08,060

system

1019

00:45:13,970 --> 00:45:11,880

and relates to our sense of compassion

1020

00:45:15,010 --> 00:45:13,980

and ability to love others and love

1021

00:45:17,630 --> 00:45:15,020

ourselves

1022

00:45:21,170 --> 00:45:17,640

all issues pertaining to the heart and

1023

00:45:23,809 --> 00:45:21,180

to feeling and to the air element to

1024

00:45:27,170 --> 00:45:23,819

breath the vital Breath of Life

1025

00:45:29,210 --> 00:45:27,180

and then mercury in the throat which

1026

00:45:30,490 --> 00:45:29,220

relates to the fifth element which is

1027

00:45:36,349 --> 00:45:30,500

ether

1028

00:45:38,210 --> 00:45:36,359

and to our beach and communication and

1029

00:45:42,530 --> 00:45:38,220

ability to hear and receive information

1030

00:45:46,430 --> 00:45:42,540

coming in to sound in general

1031

00:45:48,530 --> 00:45:46,440

and to expressing ourselves clearly and

1032

00:45:49,430 --> 00:45:48,540

eloquently and

1033

00:45:52,130 --> 00:45:49,440

um

1034

00:45:53,210 --> 00:45:52,140

being able to communicate with other

1035

00:45:56,510 --> 00:45:53,220

people

1036

00:45:58,670 --> 00:45:56,520

to invoke magical words of power all of

1037

00:46:02,870 --> 00:45:58,680

this is related to Mercury in the throat

1038

00:46:05,270 --> 00:46:02,880

chakra and this is also in The Vedic

1039

00:46:07,190 --> 00:46:05,280

system it's named the shooter and it's

1040

00:46:09,290 --> 00:46:07,200

thought of it's like a filter so it's

1041

00:46:11,329 --> 00:46:09,300

kind of filtering energy between the

1042

00:46:12,950 --> 00:46:11,339

above and the below

1043

00:46:14,329 --> 00:46:12,960

um and if we think of that in the neck

1044

00:46:16,790 --> 00:46:14,339

you know we've got this narrow channel

1045

00:46:18,829 --> 00:46:16,800

between the upper chakras in the head

1046

00:46:21,650 --> 00:46:18,839

and the lower chakras which relate to

1047

00:46:23,510 --> 00:46:21,660

the four elements of earth Fire Water

1048

00:46:25,130 --> 00:46:23,520

and Air

1049

00:46:27,950 --> 00:46:25,140

um and then the upper chakras are more

1050

00:46:29,510 --> 00:46:27,960

ethereal so the throat kind of connects

1051

00:46:31,250 --> 00:46:29,520

the upper and the lower just like

1052

00:46:33,290 --> 00:46:31,260

Mercury connects the conscious and the

1053

00:46:34,430 --> 00:46:33,300

unconscious or Heaven and the underworld

1054

00:46:36,829 --> 00:46:34,440

and

1055

00:46:38,690 --> 00:46:36,839

um helps us to facilitate

1056

00:46:40,970 --> 00:46:38,700

um communication and movement between

1057

00:46:43,790 --> 00:46:40,980

these parts of our phone

1058

00:46:45,710 --> 00:46:43,800

and then um in the head we've got the

1059

00:46:48,050 --> 00:46:45,720

sun and the moon so the moon ruling the

1060

00:46:50,750 --> 00:46:48,060

third eye which is in the center of the

1061

00:46:53,569 --> 00:46:50,760

forehead and the Sun goes to the crown

1062

00:46:55,550 --> 00:46:53,579

so the highest point within the human

1063

00:46:56,210 --> 00:46:55,560

Energy System

1064

00:46:59,329 --> 00:46:56,220

um

1065

00:47:02,270 --> 00:46:59,339

and these two Sun and Moon

1066

00:47:04,430 --> 00:47:02,280

represent the quintessential opposites

1067

00:47:07,730 --> 00:47:04,440

within us the father and the mother the

1068

00:47:09,770 --> 00:47:07,740

king and the Queen and when we're able

1069

00:47:11,870 --> 00:47:09,780

to align these different Serpentine

1070

00:47:14,829 --> 00:47:11,880

energies which represent the passive and

1071

00:47:17,630 --> 00:47:14,839

the active within us they accommodate

1072

00:47:19,430 --> 00:47:17,640

in the bridal chamber of the brain where

1073

00:47:21,230 --> 00:47:19,440

the third eye is

1074

00:47:22,910 --> 00:47:21,240

um and this sort of Love Affair between

1075

00:47:24,470 --> 00:47:22,920

the Sun and the Moon takes place where

1076

00:47:27,950 --> 00:47:24,480

they can act in Harmony and so that's

1077

00:47:31,010 --> 00:47:27,960

that full harmonization of the Opposites

1078

00:47:33,050 --> 00:47:31,020

within us in the Sun and the Moon and

1079

00:47:35,870 --> 00:47:33,060

this relates to

1080

00:47:37,970 --> 00:47:35,880

you know the Kundalini Rising

1081

00:47:39,530 --> 00:47:37,980

um which is also thought of as a

1082

00:47:44,030 --> 00:47:39,540

serpentine energy sleeping at the base

1083

00:47:45,890 --> 00:47:44,040

of the spine and Awakening Consciousness

1084

00:47:46,670 --> 00:47:45,900

um it'll

1085

00:47:49,609 --> 00:47:46,680

um

1086

00:47:52,730 --> 00:47:49,619

relate to Enlightenment or gnosis and

1087

00:47:53,750 --> 00:47:52,740

just the full realization of

1088

00:47:56,150 --> 00:47:53,760

um

1089

00:47:59,270 --> 00:47:56,160

of Truth and of the self and of divine

1090

00:48:02,089 --> 00:47:59,280

wisdom within us and all of this is

1091

00:48:05,089 --> 00:48:02,099

happening energetically in the body as

1092

00:48:07,910 --> 00:48:05,099

these energies become a line and

1093

00:48:08,990 --> 00:48:07,920

awakened and guided upward in their

1094

00:48:11,329 --> 00:48:09,000

offense

1095

00:48:13,190 --> 00:48:11,339

so that's a little bit about the chakras

1096

00:48:16,430 --> 00:48:13,200

um I don't know do you have any other

1097

00:48:17,990 --> 00:48:16,440

specific questions it's not it's such a

1098

00:48:20,930 --> 00:48:18,000

good explanation and such a great

1099

00:48:24,410 --> 00:48:20,940

realization of the chakra's importance

1100

00:48:28,970 --> 00:48:24,420

with energy and kind of with Oneness

1101

00:48:33,470 --> 00:48:28,980

again universalism and I I I think you

1102

00:48:36,530 --> 00:48:33,480

know in this age of Separation that

1103

00:48:40,250 --> 00:48:36,540

I it kind of brings me back to you know

1104

00:48:42,890 --> 00:48:40,260

the universality of everything and

1105

00:48:47,210 --> 00:48:42,900

I am that I am you know that common

1106

00:48:49,550 --> 00:48:47,220

English translation of the Hebrew phrase

1107

00:48:52,609 --> 00:48:49,560

you know which may mean I will become

1108

00:48:55,309 --> 00:48:52,619

what I choose to become and I will be

1109

00:48:58,190 --> 00:48:55,319

that I will be or I create what I create

1110

00:48:59,690 --> 00:48:58,200

or I am the existing one and the

1111

00:49:02,990 --> 00:48:59,700

connection to

1112

00:49:06,230 --> 00:49:03,000

the Divine mind I just think that's so

1113

00:49:08,390 --> 00:49:06,240

well explained that we are you know

1114

00:49:10,630 --> 00:49:08,400

inside of us is the same as outside of

1115

00:49:14,990 --> 00:49:10,640

us so we are we are we are the universe

1116

00:49:17,210 --> 00:49:15,000

and uh a a line in your book which is

1117

00:49:20,390 --> 00:49:17,220

absolutely amazing

1118

00:49:23,210 --> 00:49:20,400

um is when it comes to I believe it's

1119

00:49:25,970 --> 00:49:23,220

under the creative Spear and that is the

1120

00:49:28,670 --> 00:49:25,980

unawakened Mind from Pure forgetfulness

1121

00:49:31,430 --> 00:49:28,680

unaware of their formative powers is

1122

00:49:34,069 --> 00:49:31,440

creating unconsciously but with gnosis

1123

00:49:36,410 --> 00:49:34,079

there is nothing left to do but sing

1124

00:49:39,589 --> 00:49:36,420

praise and silence and I love that

1125

00:49:41,870 --> 00:49:39,599

almost as if when you do when you do

1126

00:49:43,490 --> 00:49:41,880

find out how it all works all you can

1127

00:49:47,510 --> 00:49:43,500

really do is be a little more quiet

1128

00:49:49,790 --> 00:49:47,520

about things and not not as uh not not

1129

00:49:54,650 --> 00:49:49,800

be screaming the entire process from the

1130

00:49:59,089 --> 00:49:56,569

um let's let's get to something else

1131

00:50:00,710 --> 00:49:59,099

that I know is is pretty amazing and

1132

00:50:03,530 --> 00:50:00,720

kind of delve into the darkness a little

1133

00:50:05,809 --> 00:50:03,540

bit of Saturn and

1134

00:50:10,069 --> 00:50:05,819

have you delved into Saturn

1135

00:50:20,030 --> 00:50:13,670

had input into your creativity and

1136

00:50:22,130 --> 00:50:21,470

yeah

1137

00:50:26,210 --> 00:50:22,140

um

1138

00:50:27,470 --> 00:50:26,220

Robin and I are very well acquainted and

1139

00:50:30,170 --> 00:50:27,480

um

1140

00:50:32,150 --> 00:50:30,180

I feel like I have a deep love and

1141

00:50:35,390 --> 00:50:32,160

appreciation first attorney and energy

1142

00:50:35,930 --> 00:50:35,400

through my experiences with it

1143

00:50:39,050 --> 00:50:35,940

um

1144

00:50:41,210 --> 00:50:39,060

it's definitely not an easy energy to

1145

00:50:41,930 --> 00:50:41,220

deal with all the time

1146

00:50:44,450 --> 00:50:41,940

um

1147

00:50:47,230 --> 00:50:44,460

so Saturn relates to as I was saying

1148

00:50:49,549 --> 00:50:47,240

before the root chakra the Earth element

1149

00:50:53,329 --> 00:50:49,559

and things that have to do with our

1150

00:50:55,309 --> 00:50:53,339

physical survival but also in alchemy it

1151
00:50:57,049 --> 00:50:55,319
relates to the metal lead which is like

1152
00:50:59,089 --> 00:50:57,059
the densest and heaviest of all the

1153
00:51:01,250 --> 00:50:59,099
metals and

1154
00:51:03,349 --> 00:51:01,260
um you know the most difficult to

1155
00:51:04,069 --> 00:51:03,359
transmute and

1156
00:51:06,470 --> 00:51:04,079
um

1157
00:51:10,130 --> 00:51:06,480
this sort of heaviness and a sense of

1158
00:51:15,829 --> 00:51:10,140
inertia and constriction contraction and

1159
00:51:18,290 --> 00:51:15,839
limitation and it can feel really uh

1160
00:51:20,589 --> 00:51:18,300
like such a burden sometimes when

1161
00:51:24,430 --> 00:51:20,599
saturnian energy is very strong for us

1162
00:51:26,510 --> 00:51:24,440
and an Alchemy um Saturn is actually

1163
00:51:28,569 --> 00:51:26,520

placed right at the beginning of the

1164

00:51:32,450 --> 00:51:28,579

alchemical great work

1165

00:51:34,849 --> 00:51:32,460

assigned to the process or the initial

1166

00:51:38,510 --> 00:51:34,859

stage of the optimal work known as the

1167

00:51:40,549 --> 00:51:38,520

negrado or the blackening and you know

1168

00:51:42,049 --> 00:51:40,559

it's said that when you see your matter

1169

00:51:44,030 --> 00:51:42,059

going black you know you're at the

1170

00:51:45,589 --> 00:51:44,040

beginning of the work so it's very

1171

00:51:48,410 --> 00:51:45,599

important

1172

00:51:50,690 --> 00:51:48,420

um part of the oxymical process and of

1173

00:51:53,690 --> 00:51:50,700

the creative process as well

1174

00:51:55,069 --> 00:51:53,700

um the necessary darkness that we have

1175

00:51:58,970 --> 00:51:55,079

to go into

1176
00:52:00,349 --> 00:51:58,980
for Generation to occur so it's also

1177
00:52:02,870 --> 00:52:00,359
said there's no generation without

1178
00:52:04,910 --> 00:52:02,880
future faction and so this idea that we

1179
00:52:07,309 --> 00:52:04,920
have to allow things to break down and

1180
00:52:10,549 --> 00:52:07,319
decay in order for New Growth to happen

1181
00:52:12,950 --> 00:52:10,559
and so in life

1182
00:52:15,770 --> 00:52:12,960
um and for me you know

1183
00:52:18,829 --> 00:52:15,780
this can happen in like really big ways

1184
00:52:20,630 --> 00:52:18,839
where you really feel like you're in the

1185
00:52:22,670 --> 00:52:20,640
Dark Night of the soul and like going

1186
00:52:25,790 --> 00:52:22,680
through a whole realm and just like

1187
00:52:28,430 --> 00:52:25,800
trying to stay afloat um

1188
00:52:29,329 --> 00:52:28,440

and it can be a very challenging time in

1189

00:52:30,890 --> 00:52:29,339

life

1190

00:52:32,390 --> 00:52:30,900

um maybe when we feel like we've hit

1191

00:52:34,370 --> 00:52:32,400

rock bottom and there's nowhere else to

1192

00:52:38,390 --> 00:52:34,380

go you know and

1193

00:52:41,750 --> 00:52:38,400

there's something that happens when we

1194

00:52:44,510 --> 00:52:41,760

surrender to that and we kind of each we

1195

00:52:47,089 --> 00:52:44,520

just let go and say okay yeah I'm here

1196

00:52:49,370 --> 00:52:47,099

and this is happening and I'm just going

1197

00:52:50,870 --> 00:52:49,380

to trust that it's happening for a

1198

00:52:52,130 --> 00:52:50,880

reason

1199

00:52:55,370 --> 00:52:52,140

um there's something that happens where

1200

00:52:57,170 --> 00:52:55,380

it does begin to transform and so I've

1201
00:52:58,010 --> 00:52:57,180
had many different phases of this in my

1202
00:52:59,990 --> 00:52:58,020
life

1203
00:53:01,490 --> 00:53:00,000
um You can call it Melancholia or

1204
00:53:02,809 --> 00:53:01,500
depression or just you know going

1205
00:53:04,370 --> 00:53:02,819
through a hard time

1206
00:53:09,410 --> 00:53:04,380
and

1207
00:53:11,809 --> 00:53:09,420
more that I just trust that it's a

1208
00:53:13,609 --> 00:53:11,819
transformative transforming process

1209
00:53:16,250 --> 00:53:13,619
that's happening

1210
00:53:18,530 --> 00:53:16,260
um the easier it is to navigate and the

1211
00:53:20,930 --> 00:53:18,540
faster it actually does transform

1212
00:53:24,770 --> 00:53:20,940
so I mean I've had it where it lasted

1213
00:53:26,930 --> 00:53:24,780

years and then you know even just within

1214

00:53:29,569 --> 00:53:26,940

the last week I had a few days where I

1215

00:53:31,609 --> 00:53:29,579

was going through it and um I've come to

1216

00:53:33,170 --> 00:53:31,619

really actually embrace it

1217

00:53:36,230 --> 00:53:33,180

and

1218

00:53:37,430 --> 00:53:36,240

almost enjoy it in this kind of strange

1219

00:53:38,809 --> 00:53:37,440

way

1220

00:53:42,530 --> 00:53:38,819

um

1221

00:53:44,690 --> 00:53:42,540

where limitation will kind of come upon

1222

00:53:46,370 --> 00:53:44,700

me and I'll just say okay well this is

1223

00:53:48,530 --> 00:53:46,380

what I've got to deal with and how can I

1224

00:53:51,530 --> 00:53:48,540

get creative Within These sounds of

1225

00:53:54,109 --> 00:53:51,540

limitation like what can I do and then

1226
00:53:56,690 --> 00:53:54,119
some amazing things end up happening and

1227
00:54:00,650 --> 00:53:56,700
I find a sense of freedom in limitation

1228
00:54:02,270 --> 00:54:00,660
that is actually really profound to me

1229
00:54:04,010 --> 00:54:02,280
um so yeah that's

1230
00:54:05,930 --> 00:54:04,020
that's a little bit about my experience

1231
00:54:08,870 --> 00:54:05,940
with Saturn and

1232
00:54:09,950 --> 00:54:08,880
I definitely have a deep respect for

1233
00:54:13,010 --> 00:54:09,960
Saturn

1234
00:54:16,490 --> 00:54:13,020
yeah I I really appreciate that that

1235
00:54:20,150 --> 00:54:16,500
answer because that I I think that's so

1236
00:54:22,849 --> 00:54:20,160
important you know it's you know to be

1237
00:54:25,690 --> 00:54:22,859
with that Rhythm or with that flow when

1238
00:54:29,630 --> 00:54:25,700

it's where it is it is what it is

1239

00:54:32,329 --> 00:54:29,640

and reflecting on that and kind of

1240

00:54:36,710 --> 00:54:32,339

understanding that it's it's momentary

1241

00:54:38,329 --> 00:54:36,720

right that is uh a huge leap and

1242

00:54:41,569 --> 00:54:38,339

difficult for people to do usually

1243

00:54:43,430 --> 00:54:41,579

people prefer to fight these these uh

1244

00:54:47,390 --> 00:54:43,440

negatively charged

1245

00:54:49,190 --> 00:54:47,400

moments of emotion and such but we in

1246

00:54:51,170 --> 00:54:49,200

reality if we go with the flow it

1247

00:54:53,690 --> 00:54:51,180

reminds me a lot of yoga and I don't

1248

00:54:56,450 --> 00:54:53,700

want to sound cheesy but if you go with

1249

00:54:58,970 --> 00:54:56,460

the flow it's not only a simplified mode

1250

00:55:01,730 --> 00:54:58,980

but it brings me to

1251
00:55:06,770 --> 00:55:01,740
something you mentioned which is Saturn

1252
00:55:09,109 --> 00:55:06,780
being equated to lead and the process of

1253
00:55:14,170 --> 00:55:09,119
transmutation you know turning lead into

1254
00:55:17,089 --> 00:55:14,180
gold and I know that oftentimes people

1255
00:55:19,849 --> 00:55:17,099
unfortunately believe that to be what it

1256
00:55:23,630 --> 00:55:19,859
is at face value but more likely in the

1257
00:55:26,089 --> 00:55:23,640
alchemical process it's exactly what you

1258
00:55:27,530 --> 00:55:26,099
mentioned where it is more important in

1259
00:55:30,950 --> 00:55:27,540
the great work or in the alchemical

1260
00:55:34,430 --> 00:55:30,960
process to to transform those

1261
00:55:37,609 --> 00:55:34,440
difficult rough moments into

1262
00:55:39,589 --> 00:55:37,619
better times and you know with without

1263
00:55:43,370 --> 00:55:39,599

that darkness and suffering how would we

1264

00:55:47,210 --> 00:55:43,380

know what a better time even is right

1265

00:55:50,329 --> 00:55:47,220

yeah yeah we need that perspective and

1266

00:55:52,430 --> 00:55:50,339

everything is moving through these

1267

00:55:55,010 --> 00:55:52,440

spaces of growth and decline expansion

1268

00:55:58,250 --> 00:55:55,020

and contraction we see this through this

1269

00:56:01,250 --> 00:55:58,260

season of the year you know and

1270

00:56:01,970 --> 00:56:01,260

this is happening to us all the time so

1271

00:56:04,430 --> 00:56:01,980

um

1272

00:56:06,230 --> 00:56:04,440

it's important to acknowledge that when

1273

00:56:10,490 --> 00:56:06,240

it's happening and not just to fight it

1274

00:56:12,530 --> 00:56:10,500

off or ignore it or also not to identify

1275

00:56:15,230 --> 00:56:12,540

with it and get stuck in it you know but

1276

00:56:17,390 --> 00:56:15,240

to just see it as a process that's

1277

00:56:19,549 --> 00:56:17,400

unfolding and also

1278

00:56:22,030 --> 00:56:19,559

to understand that in that Darkness

1279

00:56:24,470 --> 00:56:22,040

there is a richness there

1280

00:56:26,150 --> 00:56:24,480

and that's where the Philosopher's Stone

1281

00:56:29,690 --> 00:56:26,160

is that's where it's hidden it's in the

1282

00:56:31,010 --> 00:56:29,700

darkness in the darkness within us and

1283

00:56:33,970 --> 00:56:31,020

so

1284

00:56:37,309 --> 00:56:33,980

being open to that and willing to

1285

00:56:40,670 --> 00:56:37,319

face it can really unfold the beautiful

1286

00:56:43,430 --> 00:56:40,680

process of self-discovery

1287

00:56:45,770 --> 00:56:43,440

I couldn't agree more and you you go

1288

00:56:48,589 --> 00:56:45,780

into so much detail with all the planets

1289

00:56:52,250 --> 00:56:48,599

I loved your section on Jupiter we we

1290

00:56:54,349 --> 00:56:52,260

could discuss that forever but um in the

1291

00:56:57,770 --> 00:56:54,359

sake for the sake of time something that

1292

00:57:00,710 --> 00:56:57,780

I do want to touch on is Mars because in

1293

00:57:04,130 --> 00:57:00,720

these more modern times we're seeing so

1294

00:57:06,890 --> 00:57:04,140

much mainstream media about Mars

1295

00:57:08,290 --> 00:57:06,900

um you know with the Elon Musk Narrative

1296

00:57:10,910 --> 00:57:08,300

of

1297

00:57:15,530 --> 00:57:10,920

creating a

1298

00:57:19,190 --> 00:57:15,540

Community there do you find that

1299

00:57:22,130 --> 00:57:19,200

this is being done for other reasons or

1300

00:57:24,230 --> 00:57:22,140

do you think that there is an esoteric

1301

00:57:28,430 --> 00:57:24,240

backbone to some of this that we're

1302

00:57:34,130 --> 00:57:28,440

seeing in more mainstream narratives

1303

00:57:37,250 --> 00:57:36,589

we're all trying to get to

1304

00:57:39,349 --> 00:57:37,260

um

1305

00:57:40,990 --> 00:57:39,359

well Meanwhile we're destroying our

1306

00:57:43,790 --> 00:57:41,000

planet and

1307

00:57:48,950 --> 00:57:43,800

through this very kind of like heated

1308

00:57:50,990 --> 00:57:48,960

Martian process of global warming and

1309

00:57:53,630 --> 00:57:51,000

um now we want to go to the planet of

1310

00:57:55,130 --> 00:57:53,640

fire and make residents there that's

1311

00:57:56,030 --> 00:57:55,140

very interesting

1312

00:57:58,190 --> 00:57:56,040

um

1313

00:58:00,349 --> 00:57:58,200

and also you know thinking of Mars as

1314

00:58:02,750 --> 00:58:00,359

possibly having had water on it before

1315

00:58:03,349 --> 00:58:02,760

and like where did it go and

1316

00:58:05,329 --> 00:58:03,359

um

1317

00:58:07,490 --> 00:58:05,339

the future of Earth you know as things

1318

00:58:09,770 --> 00:58:07,500

continue like is Earth going to become

1319

00:58:10,490 --> 00:58:09,780

another planet like Mars

1320

00:58:12,049 --> 00:58:10,500

um

1321

00:58:14,930 --> 00:58:12,059

these are just some of the things that I

1322

00:58:17,150 --> 00:58:14,940

think about sometimes but

1323

00:58:20,329 --> 00:58:17,160

also like

1324

00:58:21,950 --> 00:58:20,339

humanity is still such a warring

1325

00:58:23,990 --> 00:58:21,960

um species

1326

00:58:26,809 --> 00:58:24,000

so it kind of makes sense that we would

1327

00:58:29,930 --> 00:58:26,819

want to go to Mars the planet of war and

1328

00:58:36,049 --> 00:58:32,950

but maybe that's part of some sort of

1329

00:58:38,690 --> 00:58:36,059

healing process that we're going through

1330

00:58:40,190 --> 00:58:38,700

reconciling with that part of ourselves

1331

00:58:43,730 --> 00:58:40,200

I don't know

1332

00:58:46,069 --> 00:58:43,740

I like that I like that and you know you

1333

00:58:49,010 --> 00:58:46,079

go into so much detail about the sun

1334

00:58:51,410 --> 00:58:49,020

which is something that I think

1335

00:58:53,809 --> 00:58:51,420

uh you named the essence of Eternity

1336

00:58:56,990 --> 00:58:53,819

which was such a good such a good name

1337

00:58:58,789 --> 00:58:57,000

for that chapter and you show the eye of

1338

00:58:59,510 --> 00:58:58,799

the sun obviously

1339

00:59:02,150 --> 00:58:59,520

um

1340

00:59:04,849 --> 00:59:02,160

Eye of Horus can you explain the

1341

00:59:07,190 --> 00:59:04,859

realization that can come from

1342

00:59:09,170 --> 00:59:07,200

basically I don't want to say son

1343

00:59:11,450 --> 00:59:09,180

worship but

1344

00:59:17,930 --> 00:59:11,460

understanding the Sun and its importance

1345

00:59:22,670 --> 00:59:20,150

well in the Hermetic technology the Sun

1346

00:59:25,130 --> 00:59:22,680

is the distance of

1347

00:59:27,230 --> 00:59:25,140

light and connects us with the Divine

1348

00:59:29,210 --> 00:59:27,240

source of all things

1349

00:59:32,990 --> 00:59:29,220

um whether you want to call it God or

1350

00:59:35,450 --> 00:59:33,000

the Creator the supreme or the one it's

1351
00:59:37,370 --> 00:59:35,460
through the Sun that those Divine rays

1352
00:59:42,470 --> 00:59:37,380
are emanating and through the Rays of

1353
00:59:44,870 --> 00:59:42,480
the Sun and so fun worship is in a sense

1354
00:59:47,150 --> 00:59:44,880
connecting with that Divine Source

1355
00:59:48,890 --> 00:59:47,160
that's moving through the Sun and

1356
00:59:51,410 --> 00:59:48,900
everything within our solar system all

1357
00:59:53,109 --> 00:59:51,420
of these planets revolving around the

1358
00:59:55,130 --> 00:59:53,119
Sun

1359
00:59:57,829 --> 00:59:55,140
corresponds and turn with the seven

1360
01:00:00,710 --> 00:59:57,839
chakras within us ruled by those planets

1361
01:00:04,370 --> 01:00:00,720
and how they're all aligned and unified

1362
01:00:06,650 --> 01:00:04,380
by the Sun so the Sun the white light of

1363
01:00:09,890 --> 01:00:06,660

the sun actually contains all the sudden

1364

01:00:11,930 --> 01:00:09,900

rays of the spectrum and so in a sense

1365

01:00:16,970 --> 01:00:11,940

all of those planets are unified by the

1366

01:00:19,490 --> 01:00:16,980

sun and the Sun is described as a

1367

01:00:21,710 --> 01:00:19,500

chariots here and so

1368

01:00:23,450 --> 01:00:21,720

the charioteer has the reins of all the

1369

01:00:26,030 --> 01:00:23,460

seven in his hands and he's able to

1370

01:00:27,589 --> 01:00:26,040

guide them and this is sort of what

1371

01:00:29,630 --> 01:00:27,599

happens when we can align with that

1372

01:00:32,270 --> 01:00:29,640

highest most exalted part of ourselves

1373

01:00:35,569 --> 01:00:32,280

which is Sun expresses and that's also

1374

01:00:37,609 --> 01:00:35,579

expressed through the middle school and

1375

01:00:39,470 --> 01:00:37,619

the perception of metal gold and Alchemy

1376

01:00:42,230 --> 01:00:39,480

and the transmutation of these other

1377

01:00:47,150 --> 01:00:42,240

metals into this most exalted form

1378

01:00:49,910 --> 01:00:47,160

calls and on another level you know the

1379

01:00:52,910 --> 01:00:49,920

cycles of the sun and the seasons and

1380

01:00:55,010 --> 01:00:52,920

you know the different myths of like

1381

01:00:57,349 --> 01:00:55,020

dying and resurrected Gods

1382

01:01:00,230 --> 01:00:57,359

um like Osiris and

1383

01:01:02,390 --> 01:01:00,240

um the movie and

1384

01:01:05,329 --> 01:01:02,400

um The Rebirth of the Sun that happens

1385

01:01:08,230 --> 01:01:05,339

with the winter solstice and kind of

1386

01:01:12,049 --> 01:01:08,240

tapping into that mythological aspect

1387

01:01:15,170 --> 01:01:12,059

helps us to get in touch with our sense

1388

01:01:16,730 --> 01:01:15,180

of what's Eternal within us and that you

1389

01:01:18,470 --> 01:01:16,740

know through life we're constantly going

1390

01:01:21,049 --> 01:01:18,480

through these thefts and Transformations

1391

01:01:24,170 --> 01:01:21,059

and then at the end of our life we die

1392

01:01:26,510 --> 01:01:24,180

and then we transform again but if we

1393

01:01:29,930 --> 01:01:26,520

align and identify with this solar

1394

01:01:33,170 --> 01:01:29,940

aspect we can get in touch with that

1395

01:01:35,510 --> 01:01:33,180

Eternal Essence that we actually are and

1396

01:01:37,069 --> 01:01:35,520

that you know we might be changing and

1397

01:01:38,210 --> 01:01:37,079

transforming all the time dying and

1398

01:01:40,670 --> 01:01:38,220

being reborn

1399

01:01:43,789 --> 01:01:40,680

but our essential nature is always the

1400

01:01:45,589 --> 01:01:43,799

same and that's that Eternal core of

1401

01:01:47,170 --> 01:01:45,599

what we actually are and who we actually

1402

01:01:49,730 --> 01:01:47,180

are

1403

01:01:51,829 --> 01:01:49,740

brilliant you're so knowledgeable on

1404

01:01:54,289 --> 01:01:51,839

this subject matter I could talk to you

1405

01:01:57,829 --> 01:01:54,299

forever it seems um

1406

01:02:00,109 --> 01:01:57,839

but I let's as we kind of wrap up here I

1407

01:02:01,430 --> 01:02:00,119

think it's very important to let our

1408

01:02:04,609 --> 01:02:01,440

listeners know that this is a very

1409

01:02:08,030 --> 01:02:04,619

important and in my opinion necessary

1410

01:02:10,430 --> 01:02:08,040

book on everyone's bookshelf let's once

1411

01:02:13,849 --> 01:02:10,440

again remind them where they can

1412

01:02:17,630 --> 01:02:13,859

purchase the book and uh before the sale

1413

01:02:19,370 --> 01:02:17,640

is over where they can purchase your art

1414

01:02:22,510 --> 01:02:19,380

yes

1415

01:02:24,829 --> 01:02:22,520

um well but if you go to my website

1416

01:02:27,470 --> 01:02:24,839

marlena7bremner.com and maybe you can

1417

01:02:28,490 --> 01:02:27,480

have the link to that on the show notes

1418

01:02:31,970 --> 01:02:28,500

um

1419

01:02:34,309 --> 01:02:31,980

you will see links to the book and it's

1420

01:02:36,410 --> 01:02:34,319

available broadly like on Amazon and

1421

01:02:38,750 --> 01:02:36,420

Barnes and Nobles and you can purchase

1422

01:02:40,789 --> 01:02:38,760

it from inner traditions and several

1423

01:02:43,609 --> 01:02:40,799

other booksellers as well so all those

1424

01:02:46,430 --> 01:02:43,619

links are there on my home page and

1425

01:02:48,650 --> 01:02:46,440

there's also a link to the pre-order for

1426

01:02:52,190 --> 01:02:48,660

my second book which comes out in July

1427

01:02:54,289 --> 01:02:52,200

of this year and that one follows up on

1428

01:02:57,770 --> 01:02:54,299

the first book and goes a little deeper

1429

01:02:58,970 --> 01:02:57,780

into the Alchemy and art side of things

1430

01:03:01,549 --> 01:02:58,980

um

1431

01:03:04,010 --> 01:03:01,559

and let's see here what was the other

1432

01:03:06,049 --> 01:03:04,020

question oh my goodness oh yes your

1433

01:03:09,289 --> 01:03:06,059

artwork as well

1434

01:03:11,630 --> 01:03:09,299

oh yes the same place my website

1435

01:03:13,549 --> 01:03:11,640

um go to the print Tab and everything is

1436

01:03:16,490 --> 01:03:13,559

there that's available for purchase lots

1437

01:03:17,990 --> 01:03:16,500

of different sizes and lots to choose

1438

01:03:20,870 --> 01:03:18,000

from so

1439

01:03:24,170 --> 01:03:20,880

yeah and if you want to subscribe to

1440

01:03:27,710 --> 01:03:24,180

patreon again that's um patreon.com

1441

01:03:29,690 --> 01:03:27,720

forward slash seven art and there's

1442

01:03:32,390 --> 01:03:29,700

different tiers that you can subscribe

1443

01:03:34,250 --> 01:03:32,400

at starting at a dollar a month which

1444

01:03:36,410 --> 01:03:34,260

gives you access to the blog and that

1445

01:03:39,349 --> 01:03:36,420

goes back for years and we'll give you a

1446

01:03:41,510 --> 01:03:39,359

glimpse inside of my thinking process

1447

01:03:44,510 --> 01:03:41,520

and creative process and then different

1448

01:03:46,730 --> 01:03:44,520

tiers from there with Rewards

1449

01:03:50,030 --> 01:03:46,740

um at different levels so those are some

1450

01:03:52,150 --> 01:03:50,040

of the ways to find me and to interact

1451
01:03:55,549 --> 01:03:52,160
um and yeah Facebook and Instagram

1452
01:03:57,890 --> 01:03:55,559
Marlena seven Bremner who can find me

1453
01:04:00,829 --> 01:03:57,900
such an important book can't wait for

1454
01:04:02,809 --> 01:04:00,839
your next one I I really love the way

1455
01:04:05,990 --> 01:04:02,819
you take these mysterious

1456
01:04:08,329 --> 01:04:06,000
things and kind of shed a lot of light

1457
01:04:10,130 --> 01:04:08,339
on them and connect them and I think

1458
01:04:12,049 --> 01:04:10,140
that a lot of people could gain a lot of

1459
01:04:15,289 --> 01:04:12,059
comfort by reading this book there's a

1460
01:04:17,510 --> 01:04:15,299
lot of amazing stuff in its teachings

1461
01:04:20,270 --> 01:04:17,520
and I wish you the best thank you so

1462
01:04:22,430 --> 01:04:20,280
much for coming on Marlena

1463
01:04:23,990 --> 01:04:22,440

oh thank you so much Ryan it's been a

1464

01:04:25,370 --> 01:04:24,000

pleasure speaking with you a lot of fun

1465

01:04:27,109 --> 01:04:25,380

thank you

1466

01:04:28,490 --> 01:04:27,119

there it is

1467

01:04:29,990 --> 01:04:28,500

man

1468

01:04:33,349 --> 01:04:30,000

what a book

1469

01:04:35,990 --> 01:04:33,359

what a great author the book is hermetic

1470

01:04:38,809 --> 01:04:36,000

philosophy and creative Alchemy the

1471

01:04:41,270 --> 01:04:38,819

Emerald Tablet the Corpus sirmeticum and

1472

01:04:45,109 --> 01:04:41,280

the journey through the seven spheres by

1473

01:04:48,309 --> 01:04:45,119

Marlena 7 Bremner pick up a copy and

1474

01:04:51,609 --> 01:04:48,319

definitely check out her website

1475

01:04:55,210 --> 01:04:51,619

marlena7bremner.com the artwork is

1476

01:04:58,130 --> 01:04:55,220

Indescribable and unique and beautiful

1477

01:05:00,410 --> 01:04:58,140

highly recommend purchasing prints for

1478

01:05:04,250 --> 01:05:00,420

that as well

1479

01:05:07,069 --> 01:05:04,260

she has really offered something to

1480

01:05:10,130 --> 01:05:07,079

readers with this book it's very well

1481

01:05:12,049 --> 01:05:10,140

written very well researched and

1482

01:05:13,490 --> 01:05:12,059

obviously approached by personal

1483

01:05:16,030 --> 01:05:13,500

experience

1484

01:05:18,410 --> 01:05:16,040

she illuminates the alchemical Arts

1485

01:05:20,270 --> 01:05:18,420

explaining much of the history

1486

01:05:24,049 --> 01:05:20,280

surrounding hermetic philosophy

1487

01:05:27,530 --> 01:05:24,059

cosmology and practice so go to her

1488

01:05:29,930 --> 01:05:27,540

website grab a copy of the book and get

1489

01:05:32,450 --> 01:05:29,940

initiated into the reality of the great

1490

01:05:36,049 --> 01:05:32,460

work get your mind blown

1491

01:05:39,289 --> 01:05:36,059

it's a great book worth every penny

1492

01:05:42,530 --> 01:05:39,299

also worth every penny check out hero

1493

01:05:44,990 --> 01:05:42,540

paranormal at patreon there's a ton of

1494

01:05:47,809 --> 01:05:45,000

content behind the paywall Please

1495

01:05:49,849 --> 01:05:47,819

Subscribe subscribe to Hero paranormal

1496

01:05:52,190 --> 01:05:49,859

on YouTube and share on your social

1497

01:05:53,750 --> 01:05:52,200

media and follow us on social media at

1498

01:05:58,190 --> 01:05:53,760

hero paranormal

1499

01:06:01,069 --> 01:05:58,200

also go to heroparanormal.com on podbean

1500

01:06:03,410 --> 01:06:01,079

until next time keep your eyes to the

1501

01:06:11,950 --> 01:06:03,420

skies feet on the ground but don't

1502

01:06:11,960 --> 01:06:18,310

all right

1503

01:06:25,609 --> 01:06:21,950

[Music]

1504

01:06:29,170 --> 01:06:25,619

come Blast Off In My Time Machine sir I

1505

01:06:34,010 --> 01:06:29,180

feel like an evizing Blast Off Blast Off